

## LESSON NOTES PRIMARY ONE – NEWS

**THEME: OUR HOME**

**SUB- THEME: FAMILY RELATIONSHIPS**

**CONTENT: Family members**

- Father
- Mother
- Grand mother
- Son
- Daughter
- aunt
- uncle
- Niece
- Nephew
- Cousin

### Exercise

1. A \_\_\_\_\_ family is a family with father, mother, their own children and other relatives. (Nuclear, Extended)
2. Draw these members of a nuclear family.

Father	Mother	Children

3. Mention three people found in an extended family.

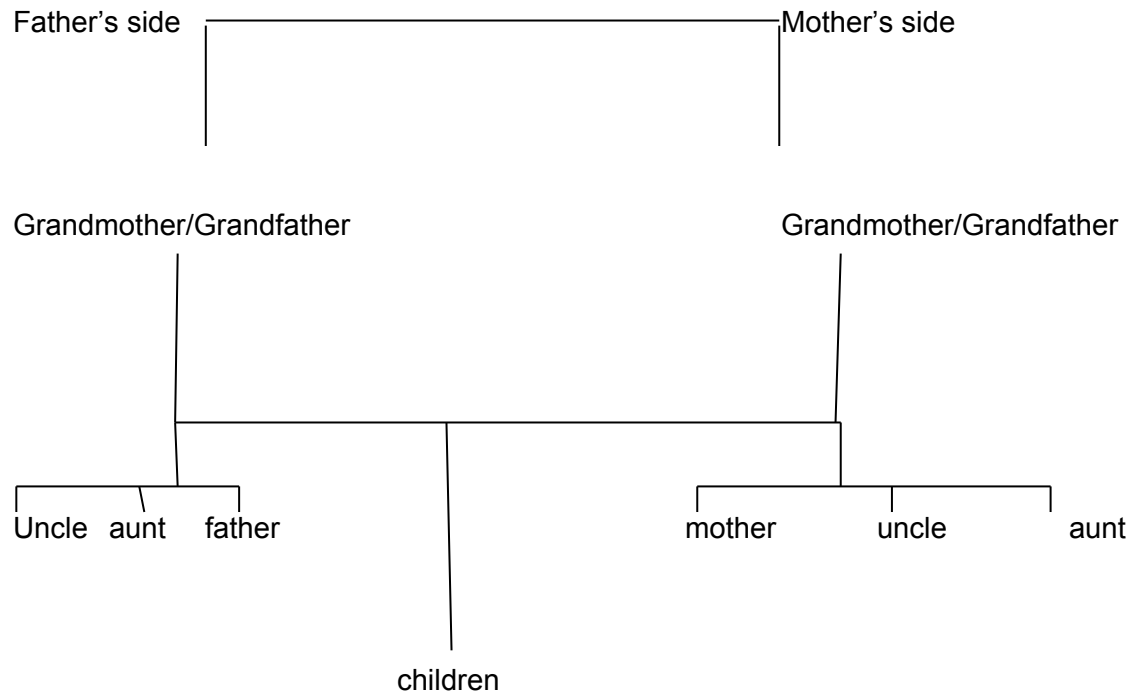
(a) \_\_\_\_\_ (ii) \_\_\_\_\_ (iii) \_\_\_\_\_

**THEME: OUR HOME**

Sub-theme: Family relationships

Content: Family tree.

### MWOHO'S FAMILY TREE



**Activity:**

1. The mother of your father is your \_\_\_\_\_
2. The father of my father is my \_\_\_\_\_
3. The brother of mother is my \_\_\_\_\_
4. The sister of my father is my \_\_\_\_\_
5. The son of my mother and father is my \_\_\_\_\_

**Theme: Our home**

**Sub-theme: Family needs**

**Content: Needs of the family**

- Needs are classified into two.
- Basic needs: These are the ones you cannot do without. Examples include;
  - (i) Food
  - (ii) Water
  - (iii) Shelter
  - (iv) Clothes

**2. Other needs;**

Which include

- Security

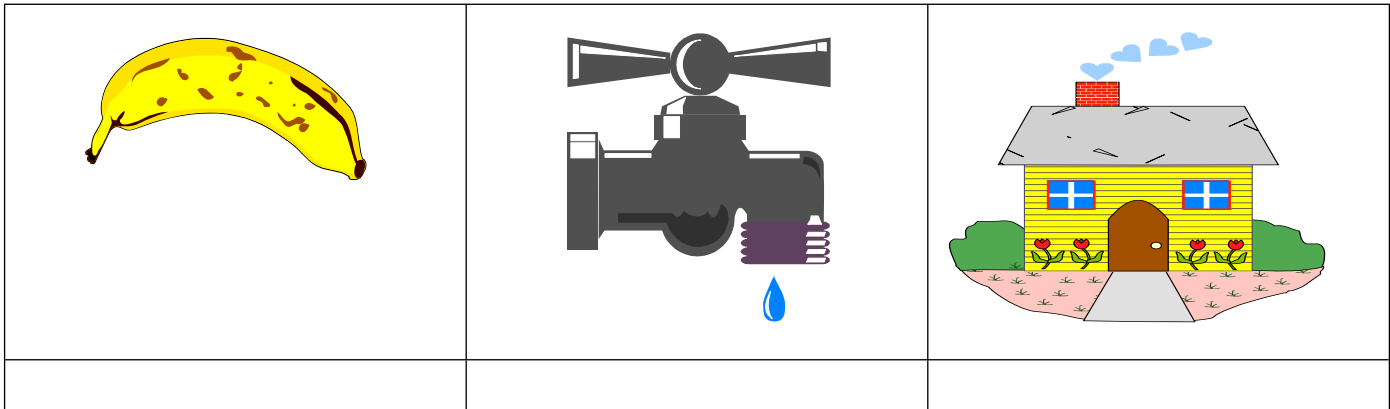
- Medical care
- Education
- Money

**Exercise**

1. Mention basic needs of a family.

\_\_\_\_\_

2. Name these needs of a family.



**Theme: Our Home**

**Sub-Theme: Ways of meeting family needs.**

**Content: Food**

How we get food.

1. What is food?  
Food is something we eat or drink.
2. How we get food
  - by farming
  - by buying food
  - by hunting
  - by fishing

**Exercise**

1. What is food?

\_\_\_\_\_

2. Mention three ways of how you can get food.

By \_\_\_\_\_

By \_\_\_\_\_

By \_\_\_\_\_

3. How do you get food at your home?

By \_\_\_\_\_

**Sub- Theme: Ways of meeting family needs.**

**Content: Sources of food.**

- A source is a place where we get food from.

These include;

- Garden
- Market
- Shop
- Forest
- Bush
- Farm
- Animals
- Lakes
- Rivers
- Swamps
- Super market

The main source of food is the garden.

**Exercise**

1. \_\_\_\_\_ is what we eat or drink.

2. List down four places where we can get food.

\_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_

3. What is the main source of food?

\_\_\_\_\_

4. Draw a garden.

**Sub-theme: Ways of meeting family needs.**

**Content: Uses of food.**

- To grow well.
- To be healthy

- To get energy
- To be strong
- To be happy

**Exercise**

1. Fill in the missing letter.

Gr \_\_ w                      stro\_\_ g                      h \_\_ ppy                      en \_\_ rgy                      he \_\_ lt\_\_y \_\_

2. Why do we eat food? (Give five reasons)

We eat food to

- (i) \_\_\_\_\_
- (ii) \_\_\_\_\_
- (iii) \_\_\_\_\_
- (iv) \_\_\_\_\_
- (v) \_\_\_\_\_

**Sub-theme: Ways of meeting family needs.**

**Content: Food we get from animals.**

- Cow: beef/milk/ghee
- Sheep: mutton
- Pig: pork
- Hen: chicken/eggs

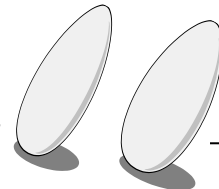
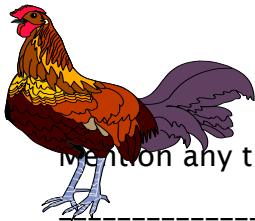
We get ghee, butter, ice cream, cheese etc from Milk.

**Exercise**

1. Match the animal products

Sheep                      milk /meat  
Cow                      eggs/chicken  
Hen                      mutton  
Pig                      pork

2. Name the things we get from a hen.



3. Mention any three things we get from \_\_\_\_\_

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**Sub-theme: Ways of meeting family needs.**

**Content: Sources of water.**

- Rain. This is the main natural source of water.
- Lakes
- Rivers
- Swamp
- Ocean
- Springs
- Sea
- Wells
- Stream
- Other places where we can get water are, tap, borehole, tank, drum, etc

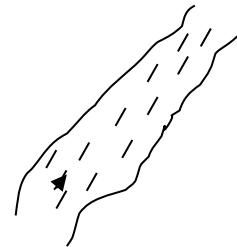
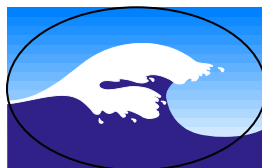
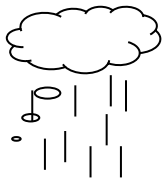
1. What do we call the main natural source of water?

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2. Mention any four sources of water.

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3. Name these sources of water.



\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**Sub-theme: Ways of meeting family needs.**

**Content: Clothes**

**Sources of clothes**

Plants

Factory

Shop

Market

**Examples of clothes**

dress

shirt

skirt

blouse

Gomas, Kanzu, socks, hat, shoes etc

**Uses of clothes;**

- To be warm.
- To be smart.

- To cover our body.
- To protect ourselves from bad weather.
- To protect ourselves against injuries.

### Exercise

1. Name two sources of clothes

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2. Draw and name four clothes.


3. Give two reasons why we put on clothes.

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**Sub-theme: Ways of meeting family needs.**

**Content: Shelter.**

Examples of shelter

- Trees
- Houses
- Tents

Why we need shelter. (houses)

- To live in .
- To keep in our things.
- To protect us from wild animals.

- To protect us from bad weather e.g. rain.
- To protect us from bad people.

**Exercise;**

1. Give any three uses of a house.

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2. Mention any two sources of food.

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3. Give two sources of water.

-----

**Theme: Our home**

**Sub-theme: Roles of family members.**

**Content: Children's roles and responsibilities.**

- Helping parents
- Cooking food
- Fetching water
- Cleaning
- Fetching firewood
- Washing utensils
- Grazing animals.

**Exercise**

1. Give four roles of children at home.

-----  
-----  
-----  
-----

2. Draw and name any two activities you do at home.




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**Sub-theme: Roles of family members**

**Content: Roles of a father.**

- To head the family.
- To build the house.
- To buy the food.
- To buy clothes
- To pay bills.

**Roles of a mother**

- Cooks food.
- Looks after the children.
- Feeds the baby
- Washes the clothes.
- Cleans the home.

**Exercise**

1. Give two roles of a father.

-----  
-----

2. List down two roles of a mother.

-----  
-----

3. Who should buy food for the family?

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**Theme: Our home**

**Sub-theme: Things found in our home and their uses.**

**Content: A house**

What is a house?

- Is a building for people and other animals to live in.

**Parts of a house.**

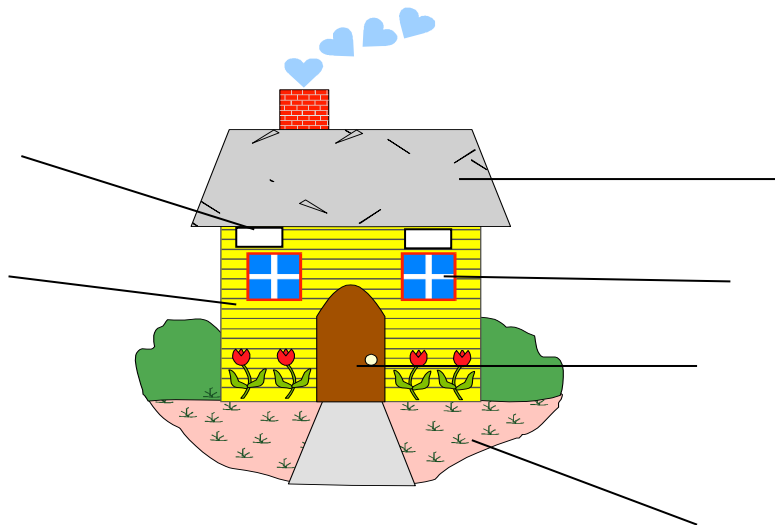
- Window
- Door
- Roof
- Wall
- Ventilators
- verandah

**Uses of different parts of a house.**

- Window: for allowing fresh air and light in the house.
- Ventilators: to let out bad air.
- Door: For passing through.
- Roof: Protect us from sun/rain.
- Wall: Support the house.
- Verandah: for resting.

**Exercise**

Name the parts of a house.



(window, wall, door, roof, verandah, ventilators)

**Theme: Our home**

**Sub-theme: Things found in our home and their uses.**

**Content: Rooms in a house.**

### Uses

- Bedroom: To sleep in.
- Sitting room: For sitting in.
- Kitchen: To cook food from.
- Bathroom: To bathe from.
- Dining room: To eat food from.
- Garage: Where we keep the car.

### Exercise:

1. A room where we cook or prepare our food from is a \_\_\_\_\_.
2. We bathe from the \_\_\_\_\_
3. Where do we sleep? \_\_\_\_\_
4. Visitors sit in the \_\_\_\_\_
5. Food is served from the \_\_\_\_\_ room.

### **Sub-theme: Things found in our home and their uses.**

#### **Contents: Things found in rooms.**

Sitting room: Chairs/sofa set

Tables, Television, radio, fan, Television stand

Bedroom: bed, wardrobe, clothes, pillow, blanket, bedcover, bed sheets.

### **Exercise:**

1. Draw and name any three things we find in the bedroom.

\_\_\_\_\_

2. Mention three things found in a bedroom.

\_\_\_\_\_

### **Sub-theme: Things found in our home and their uses.**

#### **Content: Kitchen**

#### **Things found in a kitchen.**

Cooker, pot, spoon, saucepan, kettle, rack, knife, ladle, firewood,  
plate, basket, charcoal, cup, charcoal stove

#### **Things found in the bathroom**

Basin, sponge, soap, brush, water, toothpaste, soap dish, toothbrush, jerrycan.

### Exercise

1. Draw and name four things found in the bathroom.

-----, -----, -----, -----

2. Name these things found in the kitchen

**Sub; theme: Things found in the home and their uses.**

**Content:** Types of houses

Permanent houses: They are strong houses which last for a long time.

### Examples of permanent houses.

- Bungalow
- Flat

Temporary houses: These are weak houses which don't stay for a long time.

Examples include;

- Tent
- Kiosk
- Unipot
- Hut

### Exercise

1. Name two types of houses.

-----

2. Give examples of these houses;

Temporary house -----

Permanent house -----

3. Draw a hut



**Sub-theme: Things in a home and their uses.**

**Content: Building materials**

**Materials used for building permanent houses.**

- Sand, tiles, timber, stones, bricks, nails, cement, iron bars, iron sheets, ventilators etc.

**Materials used for building and their sources.**

- Stones: quarry
- Iron sheets, nails, cement: Factory
- Sand: swamp/lake
- Timber: Forest
- Bricks: soil

**Exercise:**

1. Name these building materials.

2. **Where do we get the following from?**

Sand: \_\_\_\_\_

Timber: \_\_\_\_\_

Stones: \_\_\_\_\_

Nails: \_\_\_\_\_

**Theme: Our home.**

**Sub-theme: Things in a home and their uses.**

**Content: Building materials.**

**Materials used for building temporary houses.**

- Grass, cow dung, poles, reeds, papyrus, sisal, sticks, banana fibres, mud, strings

**Sources of temporary building materials.**

- Sticks/grass - Bush

- Poles: Forest
- Sisal/banana fibres: garden
- Papyrus: Swamp
- Mud: soil
- Cow dung: kraal

### **Exercise**

1. Name these building materials.

2. Give any two materials used to build temporary houses.

(i) \_\_\_\_\_ (ii) \_\_\_\_\_

### **Sub-theme: Things in a home and their uses.**

#### **Content: Animals**

Domestic animals: These are animals kept at home.

#### **Examples include;**

- Cow, ox, dog, sheep, hen, goat, duck, rabbit, turkey, donkey, parrot, camel, horse

#### **Uses of domestic animals.**

- They give us food.
- Some animals guard us like a dog.
- They give us skins/horns/hooves
- They give us manure
- Some are used as means of transport.
- They give us wool/fur.
- Some birds give us feathers.

### **Exercise**

1. Name four domestic animals.

\_\_\_\_\_  
\_\_\_\_\_

2. Draw these domestic animals.

cat	dog	cow

**Subtheme: Things in a home and their uses.**

**Content: Wild animals.**

What are wild animals?

**They are the animals which live in the;**

- Bush
- Forst
- Water
- Zoo
- Game parks

**Examples of wild animals.**

- Lion, snake, crocodile, zebra, fish, tiger, frog, monkey, rhino. Elephant, ostrich, tortoise, fox, hyena, giraffe.

**Uses of wild animals.**

- Some animals give us meat.
- Some give us horn.
- Some give us skins.
- Some give us hooves.
- Birds give us feathers.

**Exercise**

1. Name two wild animals.

-----, -----

2. Give three places where we find wild animals.

-----,-----,-----  
3. Name things we get from animals.



**Theme: Our home**

**Sub theme: Things in a home and their uses.**

**Content: Things made from animal skins and hides.**

- Shoes, drums, belts, jackets, bags, coats, balls

**Exercise**

1. Name four things got from animal skins.

-----,-----,-----,-----

2. Draw things made from animal skins.

shoes	belt	bag	drum

3. Mention two animals that give us skin.

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**Sub theme: Things in a home and their uses;**

**Content: Animal homes**

- |        |   |        |        |   |         |
|--------|---|--------|--------|---|---------|
| Cow    | - | kraal  | dog    | - | kennel  |
| Horse  | - | stable | pig    | - | sty     |
| Cat    | - | basket | hen    | - | Run/pen |
| Man    | - | house  | bird   | - | Nest    |
| Rabbit | - | hatch  | fish   | - | water   |
| Bees   | - | hive   | spider | - | web     |
| Lion   | - | den    | monkey | - | tree    |



Ant - anthill                      goat - shed

Caring for animal homes: sweeping, spraying, scrubbing

1. A cow lives in a \_\_\_\_\_.
2. A pig lives in a \_\_\_\_\_
3. A dog lives in a \_\_\_\_\_
4. A lion lives in a \_\_\_\_\_
5. A cat lives in a \_\_\_\_\_
6. A horse lives in a \_\_\_\_\_
7. A spider lives in a \_\_\_\_\_
8. A hen lives in a \_\_\_\_\_

**Subtheme: Our home**

**Content: Animal young ones.**

Cow - calf	cat - kitten
Lion - cub	bird - Nestling
Hen - chick	sheep - lamb
Woman- baby	duck - duckling
Dog - puppy	elephant- calf
Fish - fry	goat - kid
Owl - owlet	

**Exercise.**

**1. Match animals with their young ones.**

Cow	sty
Lion	kennel
Hen	fry
Dog	calf
Pig	cub
Sheep	chick
Fish	lamb

2. A young bird is called a \_\_\_\_\_
3. A young goat is called a \_\_\_\_\_

**Theme: Our home**

**Subtheme: Things in a home and their uses.**

**Content: Animal sounds**

Baby	;	cries	a snake	-	hisses
Pig	-	grunts	a goat	-	bleats
Dog	-	barks	a lion	-	roars
A cow	-	mows/moo	a cat	-	mews
An elephant	-	Trumpets	a horse	-	neighs
A donkey	-	brays			

**Why animals make sounds.**

- When they want food.
- When looking for their young ones.
- When they need help
- When they want water

1. Write their sounds

A cow \_\_\_\_\_ A baby \_\_\_\_\_  
A \_\_\_\_\_ bleats A \_\_\_\_\_ barks.  
A lion \_\_\_\_\_

2. Give two reasons why animals make sounds.

(i) \_\_\_\_\_ (ii) \_\_\_\_\_

**Sub-theme: Things in a home and their uses.**

**Content: Animal movements**

Baby	-	crawls	dog	-	runs
Fish	-	swims	cow	-	walks
Bird	-	flies	man	-	walks
Snake	-	glides	bird	-	flies
Caterpillar		wriggles	lizard	-	crawls
Frog	-	hops			

## Exercise

### 1. Match animals with their movements.

- |             |   |           |
|-------------|---|-----------|
| Frog        | - | flying    |
| Baby        | - | walking   |
| Snake       | - | swimming  |
| Bird        | - | running   |
| Fish        | - | wriggling |
| Caterpillar | - | walking   |
| Dog         | - | crawling  |
| Man         | - | gliding   |

**Theme:** Our home

**Sub-theme:** Things found in our home.

**Content:** Plants

- Banana plant
- Bean plant
- Maize plant
- Carrot plant
- Mango plant
- Onion plant
- Pawpaw plant
- Cabbage plant
- Pine apple plant
- Tomato plant
- Ground nuts plants
- Sugar cane plant

Where we find some of these plants. e.g garden, forest, bush etc

### Exercise;

1. Mention any four plants in your home.

-----, -----, -----, -----

2. Name these plants.

**Theme: Our home**

**Sub: Theme: Things in our homes**

**Content: Flowering plants**

Meaning: These are plants which bare flowers e.g. rose flowers, morning glory, hibiscus.

**Colours of flowers;**

Red flowers, yellow flowers, blue flowers, purple flowers, green flowers, pink flowers

**Exercise**

Shading colours of flowers;

Yellow flower

pink flower

red flower

Green flower

blue flower

**Subtheme: Things in our home**

**Content: Parts of a plant and their uses.**

Leaves, flowers, stem, branch, roots, fruits.



**Exercise;**

1. Mention any four parts of a plant

-----, -----, -----, -----

2. Drawing and naming parts of a plant.

**Subtheme: People in our community.**

**Content: Community**

- What is a community?

A community is a group of people living and working together.

**Exercise**

1. A \_\_\_\_\_ is a group of people living and working together.

2. Give three examples of communities.

\_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_

3. Draw these communities: Church, mosque, market

**Theme: Our community**

**Sub; Theme: People in our community**

**Content: People in our community.**

- Teacher, policeman, farmer, barber, doctor, priest/pastor, Nurse, Dentist, shopkeeper, Imam, Carpenter, Sheikh, L.C Chairman, Fish monger.

**Exercise:**

1. Name four people found in our communities.

\_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_

2. Draw these people in our communities.

Teacher	Policeman	Farmer

**Subtheme: People in our community and their work.**

**Content: Work done by people in our community.**

Teaching, building, fishing, mining, farming, keeping cattle, trading, cultural activities e.g. marriage.

**People with their work.**

- Doctor: Treats sick people

- Shopkeeper: Sells things in a shop.
- Teacher: Teaches pupils.
- Farmer: Grows crops and looks after animals.
- Policeman: Keeps law and order.
- Dentist: treats our teeth
- Barber: cuts our hair
- Carpenter: makes furniture.
- Mechanic: repairs cars
- Pastor: Preaches
- Cobbler: mends shoes.

### **Exercise**

Fill in.

1. A \_\_\_\_\_ treats sick people.
2. A \_\_\_\_\_ makes furniture.
3. A \_\_\_\_\_ keeps law and order.
4. A \_\_\_\_\_ grows crops and keeps animals.
5. A \_\_\_\_\_ teaches pupils.

### **Sub Theme: People in our community**

**Content: People and their places of work.**

- Teacher: School
- Mechanic: Garage
- Shopkeeper: Shop
- Doctor: Hospital
- Policeman: Police station
- Carpenter: workshop
- Barber: Salon
- Pastor/preacher: Church
- Imam: Mosque

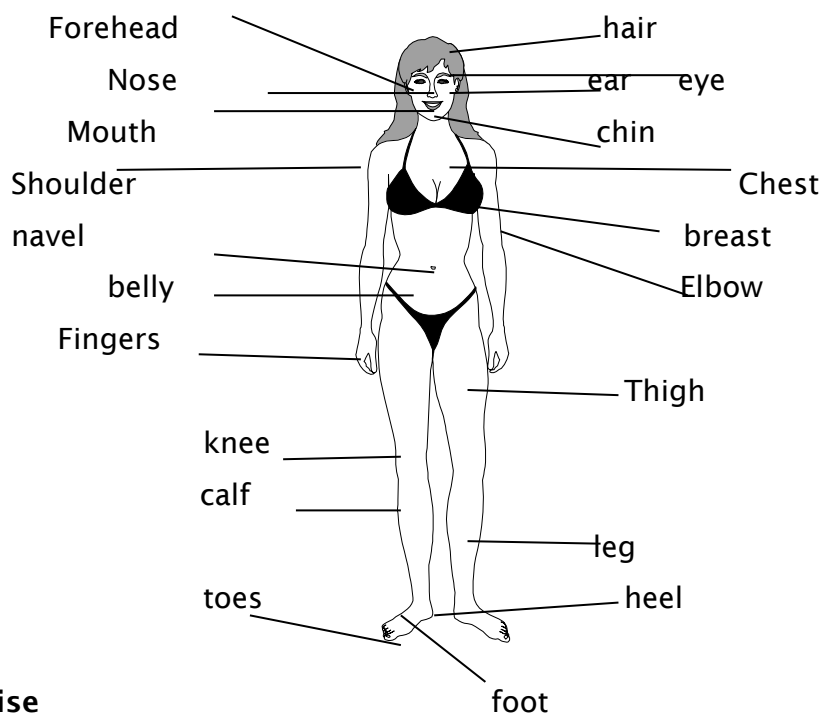
### **Exercise**

**Match people with their places of work.**

Teacher	salon
Mechanic	workshop
Policeman	school

Imam	Garage
Barber	police station
Carpenter	mosque

**THEME:** HUMAN BODY AND HEALTH  
**SUB THEME:** PARTS OF THE BODY  
**CONTENT:** THE EXTERNAL BODY PARTS



**Exercise**

Name the parts of the head

**Subtheme:** Parts of the body

**Content:** Parts of the Arm

**Naming parts of the arm.**

**Naming parts of the leg.**

Exercise

1. Naming parts of the arm and the leg.

**THEME: HUMAN BODY AND HEALTH**

**SUB THEME: PARTS OF THE BODY**

**CONTENT: Uses of the parts of the body**

Eyes: for seeing

Nose: for smelling

Ears: for hearing

Mouth: for eating

Hands: for holding

Legs: for walking, running

Fingers: for touching



## Sense organs

The five sense organs are;

Ears, nose, skin, tongue, eyes

- We use ears for hearing.
- We use the nose for smelling.
- We use the skin for feeling.
- We use the tongue for tasting.
- We use the eyes for seeing.

### Exercise:

1. Match the organs with their senses.

<b>Sense organs</b>	<b>senses</b>
Ears	seeing
Nose	feeling
Skin	hearing
Tongue	smelling
Eyes	tasting

2. Draw and name any three sense organs.

\_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_

**Sub theme: Parts of the body.**

**Content: Body exercises**

**Exercises which our bodies need.**

- Jogging,
- Hopping
- Running
- Jumping
- Swimming
- Skipping
- Walking
- Riding
- Kicking the ball
- sit ups
- dancing
- standing
- pressure ups.

- Boxing the air

### Why do we do exercises?

- To be strong
- To be fit
- To be healthy
- To be happy.

### Exercise

Draw these exercises which our bodies need.

1. running
2. Walking
3. Swimming
4. Dancing
5. boxing
6. Skipping
7. Why do we do exercises? (Give two reasons)

**Sub theme: Parts of the body**

**Content: Posture**

What is posture?

- Posture is to keep the body in good position.

### How to keep the body in good position.

1. By sitting upright.
2. By standing upright.
3. By walking upright.

### Exercise

1. \_\_\_\_\_ is to keep the body in good position.
2. How do we keep the body in good position? (Give three ways)

\_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_

**Sub theme: Personal Hygiene**

**Content: Ways of keeping the body clean**

How to clean parts of the head.

The hair: By washing and combing.

By shaving.

The face, eyes and ears: By washing

The nose: By sneezing

By cleaning

The teeth: By brushing

### Things we use to clean parts of the head.

- Comb , water, razorblade, towel, scissors, sponge, handkerchief, ear buds, toothpaste, tooth brush, sticks, charcoal.

### Exercise;

1. Write the ways we clean the following parts of the head;

Hair: \_\_\_\_\_

Face, eyes and ears \_\_\_\_\_

Nose: \_\_\_\_\_

Teeth: \_\_\_\_\_

2. Draw and name any four things we use to clean parts of the head.

\_\_\_\_\_, \_\_\_\_\_

**Theme :** The human body and Health

**Sub theme:** Personal hygiene

**Content:** Ways of keeping the body clean

How to clean parts of the arm

The nails: By cutting the nails short.

The hands: By washing the hands with clean water and soap.

### When do we wash the hands?

Note: We wash the hands before and after eating food.

We wash the hands after visiting a toilet or latrine.

After touching dirty things.

Why do we wash the hands?

- To remove dirt.
- To remove bad smell.
- To remove germs.

Things we use to keep the hands clean

- Razor blade
- Water
- Soap
- Cutter
- Clenzer

### Exercise

1. Mention the ways we keep these parts clean.

Finger nails: \_\_\_\_\_

Hands: \_\_\_\_\_

2. Give three reasons why we wash the hands.

\_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_

3. Draw and name three things we use to keep the hands clean.


4. Why do we wash the hands after visiting the toilet?

\_\_\_\_\_

**Sub theme: Personal hygiene**

**Content: Ways of keeping the body clean.**

Why do we brush our teeth?

- We brush our teeth to avoid bad breath.
- To avoid tooth decay
- To remove germs

We keep the body clean by bathing.

### Importance of keeping the body clean.

- To avoid sickness.

- To avoid bad smell.
- To be smart.
- To be healthy
- To kill germs.

**Exercise:**

1. Give two reasons why we brush our teeth.

\_\_\_\_\_, \_\_\_\_\_

2. How do you keep your body clean?

\_\_\_\_\_

3. Why do we iron clothes?

\_\_\_\_\_

**Sub theme: Ways of keeping latrine/toilets clean**

- By sweeping
- By mopping
- By smoking.
- By flushing

**Things we use to clean toilets and latrines.**

- broom, water, vim, rug, soap

**Toilet/latrine habits**

- Flushing toilets after use.
- Cleaning yourself after using toilets or latrines.
- Washing hands after visiting the toilet or latrine.

**Exercise:**

1. Give any two ways of keeping toilets clean.

\_\_\_\_\_, \_\_\_\_\_

2. Draw these things used to clean toilets.

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broom	Bucket of water

3. Why do we wash hands after visiting the toilet?

**Sub theme: Sanitation**

**Content: Rubbish disposal**

**Ways we use to collect and dispose rubbish.**

- By picking
- By sweeping

**Proper disposal of rubbish.**

- We should keep rubbish in the dustbin.
- We should keep rubbish in the rubbish pit.

**Things we use to collect rubbish.**

- Brooms
- Rake
- Spade

**Exercise**

1. Mention any one way we collect rubbish.

\_\_\_\_\_

2. Name two places where rubbish can be kept.

\_\_\_\_\_, \_\_\_\_\_

3. Draw the things we use to collect rubbish: (i) rake, (ii) broom

**THEME: THE HUMAN BODY AND HEALTH**

**SUB THEME: DISEASES**

**CONTENT: COMMON DISEASES**

- Malaria
- Cough
- Influenza

- Diarrhea
- Cholera
- Dysentery
- Measles
- Tuberculosis
- HIV

**Causes of common diseases;**

- Eating dirty things.
- Dust
- Not sleeping under a mosquito net.
- Eating with dirty hands.
- Not covering food.
- Drinking dirty water.

**Exercise;**

1. List any four common diseases.

\_\_\_\_\_ , \_\_\_\_\_ , \_\_\_\_\_ , \_\_\_\_\_

2. We should \_\_\_\_\_ our hands before eating food.

**Sub theme: Diseases are spread.**

**Vectors**

Vectors are living organisms which spread diseases.

<b>Vector</b>	<b>disease</b>
Housefly	diarrhea, trachoma, cholera
Dog	rabies
Flea	plague
Mosquito	malaria
Tsetse fly	sleeping sickness
Snail	bilhazia

**Ways of preventing common disease.**

- Wash hands after touching dirty things.

- Wash hands before and after eating.
- Clear the bush around the home.
- Sleep under a mosquito net.
- Do not share sharp objects .
- Drink boiled water.

### **Exercise**

1. Match the vectors with the diseases they spread;
- |             |                   |
|-------------|-------------------|
| Mosquito    | sleeping sickness |
| Housefly    | malaria           |
| Flea        | diarrhea          |
| Tse tse fly | plague            |

2. We can prevent common diseases by;

- (i) \_\_\_\_\_
- (ii) \_\_\_\_\_

SUB THEME: HUMAN BODY AND TYPES OF WEATHER

SUN THEME: THE CHILDHOOD IMMUNISABLE DISEASES

CONTENT: THE EIGHT CHILDHOOD IMMUNISABLE DISEASES.

1. Polio
2. Measles
3. Tetanus
4. Hepatitis .B.
5. Tuberculosis
6. Dipheria
7. Influenza
8. Whooping cough.

### **Signs and symptoms of killer diseases.**

- Polio: weak or lame bones.
- Measles: Skin rash.



- Tetanus: stiff muscles.
- Tuberculosis: Loss of weight.
- Hepatitis .B.: Vomiting.
- Diphtheria: Sore throat
- Whooping cough: cough, vomiting.
- Influenza: runny nose

### **Immunization.**

- What is immunization?
- Immunization is the giving of medicine to the body to protect it from killer diseases.

### **Exercise:**

1. Name any two childhood immunisable diseases.  
\_\_\_\_\_ , \_\_\_\_\_
2. What killer disease makes children lame? \_\_\_\_\_
3. We prevent the killer diseases by \_\_\_\_\_

### **SUB THEME: ELEMENTS AND TYPES OF WEATHER.**

#### **CONTENT: DEFINITION OF WEATHER**

1. What is weather? Weather is the change in the atmosphere of a given place at a particular time.

#### **Elements of weather/weather makers.**

- Sunshine
- Rainfall
- Wind
- Cloud cover

#### **Uses of elements of weather.**

- (a) Sunshine

N.B: The sun is the main natural source of heat, light and energy.

#### **Uses of the sun.**

- The sun gives us light.
- The sun helps our clothes to dry.

- The sun gives us heat.
- The sun gives us vitamin D.
- The sun helps our seeds to dry.
- The sun helps our plants to grow.

### **Exercise**

1. \_\_\_\_\_ is the change in the atmosphere of a given place at a particular time.
2. Name any three elements of weather.  
\_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_
3. The \_\_\_\_\_ is the main natural source of heat and light.
4. Give any two uses of sun to man.  
\_\_\_\_\_, \_\_\_\_\_

### **SUB THEME: ELEMENTS AND TYPES OF WEATHER.**

#### **CONTENT: DANGERS OF THE SUN**

- Too much sunshine dries up plants.
- Too much sunshine dries water sources.
- Too much sunshine causes too much heat.
- Too much sunshine kills animals.
- Too much sunshine causes drought.

#### **Rainfall**

N.B: Rain is the main natural source of water.

#### **Uses of rain.**

- Rain gives us water.
- Rain makes the soil soft for digging.
- Rain helps plants to grow well.
- Rain fills wells, streams, lakes, swamps and rivers with water.

#### **Uses of rain water.**

- Cooking, bathing, mopping, watering plants, drinking, washing etc.

**Exercise**

1. \_\_\_\_\_ is the main natural source of water.
2. Give three uses of rain.  
\_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_
3. Write any two dangers of the sun.  
\_\_\_\_\_, \_\_\_\_\_

**THEME: WEATHER**

**SUB THEME: ELEMENTS AND TYPES OF WEATHER**

**CONTENT: DANGERS OF RAIN**

- Too much rain causes floods.
- Too much rain kills animals.
- Too much rain spoils roads.
- Too much rain destroys plants.
- Too much rain destroys houses.
- Too much rain kills people.

**Protecting ourselves from rain.**

- We use an umbrella.
- Put on a raincoat.
- Stay indoors.
- Put on gumboots.
- Put on sweaters/jackets.

**Exercise**

1. Mention two dangers of rain.  
\_\_\_\_\_, \_\_\_\_\_
2. How do we protect ourselves from rain? (Give two ways)  
\_\_\_\_\_  
\_\_\_\_\_
3. Draw these things we use on a rainy day.

--	--

Umbrella	Gumboots

**THEME: WEATHER**

**SUB THEME: ELEMENTS AND TYPES OF WEATHER**

**CONTENT: WIND**

- What is wind?  
Wind is moving air.

**Uses of wind**

- Wind dries our clothes.
- Wind helps kites to fly.
- Wind helps boats to sail on water.
- Wind helps in winnowing seeds.

**Dangers of wind**

- Strong wind causes storm.
- Strong wind destroys our houses.
- Wind destroys crops.
- Wind carries away top soil.
- Wind spreads diseases e.g. flu, measles.

**Exercise**

1. What is wind? \_\_\_\_\_

2. Give any two uses of wind.  
\_\_\_\_\_, \_\_\_\_\_

3. Draw these dangers of wind.

--	--

Trees falling	Wind blowing off the roof.
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**THEME: WEATHER**

**SUB THEME: ELEMENTS AND TYPES OF WEATHER**

**CONTENT: CLOUDS**

### Uses of clouds

- Clouds give us rain.
- Clouds cool the earth when they cover the sun.
- Clouds create shade.

### Types of clouds.

- Nimbus clouds.
- Cirrus clouds.
- Cumulus clouds.
- Stratus clouds.

N.B Nimbus clouds give us rain.

### Exercise

1. Mention any two uses of clouds.

\_\_\_\_\_ , \_\_\_\_\_

2. Which clouds give us rain?

\_\_\_\_\_

3. Write any two elements of weather.

\_\_\_\_\_ , \_\_\_\_\_

**SUB THEME: ELEMENTS AND TYPES OF WEATHER**

**CONTENT: TYPES OF WEATHER**

- There are four types of weather. These are;

- Sunny weather
- Windy weather
- Cloudy weather
- Rainy weather

**Activities done during sunny weather**

- Harvesting crops
- Watering plants.
- Preparing the garden.
- Drying seeds.

**Exercise**

1. Draw these types of weather.

Sunny	windy	cloudy	rainy

2. Write any two activities done during sunny weather.

\_\_\_\_\_ , \_\_\_\_\_

**SUB THEME: ELEMENTS AND TYPES OF WEATHER**

**CONTENT: ACTIVITIES DONE IN DIFFERENT TYPES OF WEATHER**

**WINDY:**

- Winnowing

**Rainy weather**

- Planting seeds.
- Weeding (removing unwanted plants from the garden).

- Pruning (removing excess branches from the plant).
- Thinning (Removing excess plants from the garden)
- Water harvesting.

**Seasons.**

- Seasons are periods when farmers carryout different activities.

**Types of seasons.**

- Dry/sunny season.
- Wet/rainy season.

**Activities done in wet season.**

- Planting, weeding, pruning, thinning etc.

**Exercise.**

1. Write one activity done in wind weather. \_\_\_\_\_
2. The two types of seasons are \_\_\_\_\_ season and \_\_\_\_\_ season.
3. Draw these activities.

Watering plants	Weeding

**SUB THEME: ELEMENTS AND TYPES OF WEATHER**

**CONTENT: GARDEN TOOLS**

**What are garden tools?**

These are the tools which we use in the garden.

**Examples of garden tools.**

- Axe, knife, hoe, rake, slasher, basket, watering can, wheel barrow, spade

**Uses of garden tools.**

- Axe: chopping, cutting big trees.
- Hoe: digging
- Slasher: slashing grass
- Panga: Cutting

Watering can: watering plants.

Rake: collecting rubbish.

Basket: carrying food.

Wheelbarrow: carrying seeds, manure etc.

Knife: cutting, peeling

**Exercise:**

1. What do we call the tools used in the garden? \_\_\_\_\_
2. Draw these tools used in the garden.

axe	hoe	rake

3. Give the use of these garden tools.  
Watering can: \_\_\_\_\_  
Slasher: \_\_\_\_\_  
Basket: \_\_\_\_\_

**THEME: ACCIDENTS AND SAFETY**

**SUB THEME: ACCIDENTS AND SAFETY AT HOME**

**DEFINITION:** It is an expected danger

Content:

- Burns, cuts, poisoning, stings, drawing, bites, falls, electric shock

Naming common accidents at home.

**Exercise;**

1. Fill in: s t \_ \_ n g      c \_ \_ t s      b \_ \_ t \_ \_ s      p o \_ \_ s \_ \_ n i n g
2. Drawing and naming accidents from the chart.

**THEME: ACCIDENTS AND SAFETY**



**SUB THEME: Accidents and safety at home**

Content: Causes of accidents (ways and things)

- Razor blades,
- Broken bottle
- Knife
- Bees
- Electricity
- Snakes
- Cars
- Medicine

**How we get accidents**

- Running carelessly.
- Playing careless games.
- Playing with electricity.
- Throwing stones
- Playing with sharp objects.
- Playing in the bush.
- Taking any medicine without following instructions
- Playing with fire

**Exercise**

1. Naming things which cause accidents.



**THEME: ACCIDENTS AND SAFETY**

**SUB THEME: Accidents and safety at home**

Content: How to prevent accidents.

**Ways to avoid accidents.**

- Do not run.
- Do not climb trees.
- Do not throw stones.
- Do not play bad games.
- Do not take medicine any how.
- Don't play with fire
- Don't play with dangerous animals and insects.
- Do not play with electricity.

**Exercise;**

1. Mention any four things which may cause accidents at home.

\_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_

2. Give two ways to avoid accidents.

\_\_\_\_\_, \_\_\_\_\_

**THEME: ACCIDENTS AND SAFETY**

**SUB THEME: Accidents and safety on the way to school**

Content: Common accidents on the way to school.

**Examples;**

- Dog bite
- Stings
- Car accidents
- Snake bites
- Thieves
- Drawing

- Sharp objects
- Falls
- Kidnappers

**Exercise**

1. Give three common accidents on our way to school.

\_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_

2. Name these accidents on our way to school.

**THEME: ACCIDENTS AND SAFETY**

**SUB THEME: Accidents on the way to school**

Content: Causes of accidents on the way to school.

- Over speeding cars
- Playing on the road.
- Playing with dangerous animals.
- Climbing trees.
- Playing in the bush
- Over loading
- Bad driving
- Mad people.

**EXERCISE**

1. Mention four causes of accidents on the way to school.

\_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_

2. Draw these causes of accidents.

--	--

Climbing trees	Playing on the road

**THEME: ACCIDENTS AND SAFETY**

**SUB THEME: Accidents on the way to school**

Content: Road signs.

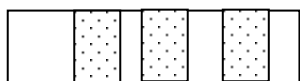
**Meaning and uses of road signs.**

**Road signs which guide us on the road.**

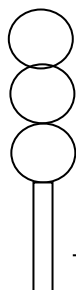
- Zebra crossing
- Traffic lights
- Humps a head
- School ahead /children crossing
- round about
- Bridge
- Parking
- No parking
- Identifying road signs from the chart.
- Colours on the road signs. E.g. traffic lights and their meaning.

**Exercise**

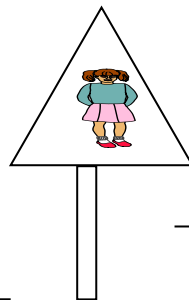
Naming road signs



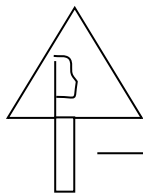
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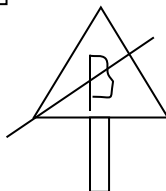
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\_\_\_\_\_



\_\_\_\_\_



\_\_\_\_\_

**THEME: ACCIDENTS AND SAFETY**

**SUB THEME: Accidents and safety at home**

Content: Common accident at school.

- Falling
- Cuts
- Burns
- Electric shock.
- Drwning
- Fractures
- Falling in latrines/septic tank.

### **Causes of accidents at school**

- Climbing trees and walls.
- Bad playing
- Playing with sharp objects.
- Playing with electricity.
- Playing in unsafe places.

### **Exercise**

1. Mention three common accidents at school.

\_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_

2. Give two causes of accidents at school.

\_\_\_\_\_, \_\_\_\_\_

**THEME: ACCIDENTS AND SAFETY**

**SUB THEME: Accidents and safety at home**

Content: How to prevent accidents at school.

### **Ways of providing accidents at school.**

- Don't run any how.
- Avoid bad play.
- Don't push your friends.
- Don't run with hot food.
- Don't climb trees and walls.

- Play in safe places.
- Don't touch or step on open electric wires.
- Don't play with sharp objects.

### Exercise

1. Give three ways of preventing accidents at school.

\_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_

2. Draw these accidents

Drawing in the pool	Falling from the tree

**THEME: LIVING TOGETHER**

**CONTENT: A family is a group of people living together related by blood or marriage.**

### Types of families.

1. Nuclear family

A nuclear family is a family where we find father, mother and their own children.

2. Extended family

An extended family is a family where we find father, mother, their own children and other relatives.

### Examples of relatives

- Uncle
- Aunt
- Grandmother
- Grand father
- Cousin
- Nephew
- Niece

Father and mother start a family.

### Exercise

1. \_\_\_\_\_ is a group of people living together related by blood or marriage.

2. The two types of families are \_\_\_\_\_ family and \_\_\_\_\_ family.

3. Give two examples of relatives

\_\_\_\_\_, \_\_\_\_\_

**SUB THEME: WAYS OF LIVING TOGETHER IN THE SCHOOL**

**CONTENT: SCHOOL ACTIVITIES**

- Playing
- Sharing
- Eating
- Helping each other
- Learning
- Caring for others
- Working together

**School routine**

These are activities done daily at school.

**Examples of school routines.**

- Obeying rules
- Saying the school prayer
- Reciting school motto.
- Singing the school anthem.

**Exercise:**

1. Draw these activities you do at school.

playing	eating	learning

2. Write any one school routine.

\_\_\_\_\_

**THEME: LIVING TOGETHER**  
**SUB THEME: WAYS OF LIVING TOGETHER IN A COMMUNITY**  
**CONTENT: WORKING TOGETHER**

**When do we work together?**

We work together when;

- Clearing roads.
- Cleaning wells.
- Sharing with others.
- Helping others.

**Activities/ceremonies we do together in the community.**

- Wedding
- Naming
- Baptism
- Birthday parties
- Burial
- Graduation parties

**Exercise**

1. Name two special people at the wedding.

\_\_\_\_\_ , \_\_\_\_\_

2. Give two ceremonies done in the community.

\_\_\_\_\_ , \_\_\_\_\_

3. Draw people at a birthday party.





**THEME: FOOD AND NUTRITION**

**SUB-THEME: NAMES AND SOURCES OF FOOD**

**CONTENT: NAMES OF FOOD**

What is food?

Food is anything we eat or drink.

**Names of food**

Maize, cassava, sweet potatoes, Irish potatoes, bananas, rive, bbuga, cabbage, beans, meat, fish, chicken, peas, eggs,

N.B: Reasons why we eat food.

- To grow well.
- To get energy.
- To be healthy

**Exercise**

1. Draw these foods

Maize	cabbage	beans	cassava	fish

2. What is food?

\_\_\_\_\_

4. Why do we eat food? Give two reasons.

\_\_\_\_\_, \_\_\_\_\_

**THEME: FOOD AND NUTRITION**

**SUB-THEME: NAMES AND SOURCES OF FOOD**

**CONTENT: SOURCES OF FOOD AND HOW TO KEEP IT SAFE**

**Sources/places where we can get food.**

- Garden, farm, river, lake, market, animals, plants, shops

**How do we keep the food safe?**

- By smoking
- By freezing
- By covering
- By salting
- By sun drying
- By cooking
- By washing

**Importance of keeping food safe.**

To avoid;

- Contamination
- Rotting
- Bad smell
- Diseases

**Exercise**

1. Write any two sources of food.

\_\_\_\_\_, \_\_\_\_\_

2. Mention any three ways how we can keep food safe.

\_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_

3. Give one importance of keeping food safe. \_\_\_\_\_

**SUB THEME: KINDS OF FOOD**

**CONTENT: BODY BUILDING FOOD.**

- What are body building foods?

This is the food which builds our body.

**Examples of body building food.**

- Eggs, meat, peas, milk, fish, chicken, beans

**Exercise**

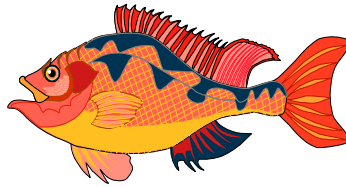
1. Name any two body building foods.

\_\_\_\_\_ , \_\_\_\_\_

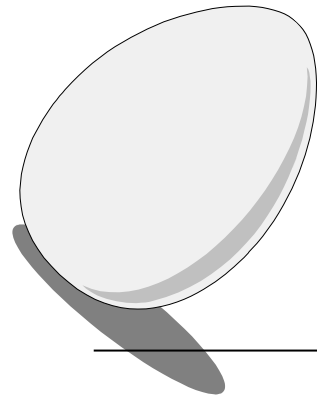
2. Name this food which builds our body.



\_\_\_\_\_



\_\_\_\_\_



\_\_\_\_\_

**SUB THEME: KINDS OF FOOD**

**CONTENT: HEALTHY BUILDING FOOD.**

What are healthy giving foods?

This is the food which makes us healthy.

**Examples of healthy giving food**

- Oranges
- Mangoes
- Apples
- Pawpaw
- Pineapple
- Jack fruit
- Water melon
- Passion fruit
- Sugarcane

**Exercise**

1. Give any two foods which make us healthy.

\_\_\_\_\_ , \_\_\_\_\_

2. Draw this healthy giving food.

--	--	--	--

orange	sugarcane	pineapple	apple

**SUB THEME: ENERGY GIVING FOOD**

**CONTENT: EXAMPLES OF ENERGY GIVING FOOD**

What are energy giving foods?

- Energy giving food is the food which gives us energy.

Energy giving food include;

- Cassava
- Potatoes
- Bananas
- Posho
- Millet
- Yam
- Maize

**Exercise**

1. Name any two examples of energy giving food.

\_\_\_\_\_ , \_\_\_\_\_

2. Draw this food.

bananas	potatoes	maize	rivce

**THEME: TRANSPORT**

**SUB-THEME: TYPES AND MEANS OF TRANSPORT**

CONTENT: What is transport?

It is the movement of people and goods from one place to another.

**Types of transport.**

- Rail
- Water
- Air
- Road

How we move from one place to another e.g. if you want to go to London etc.

**Exercise**

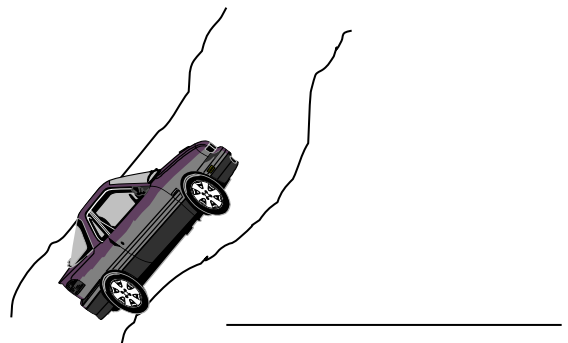
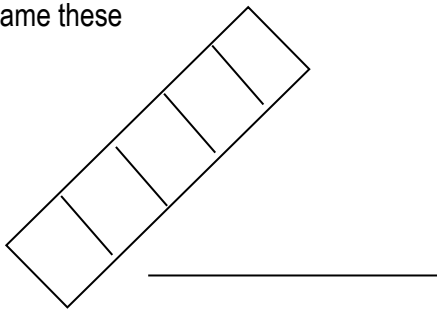
1. \_\_\_\_\_ is the movement of \_\_\_\_\_ and goods from one place to another.

2. Mention the four types of transport.

(a) \_\_\_\_\_ (b) \_\_\_\_\_ (c) \_\_\_\_\_

(d) \_\_\_\_\_

3. Name these



**THEME: TRANSPORT**

**SUB-THEME: TYPES AND MEANS OF TRANSPORT**

**CONTENT: Means of transport**

- Car , bus, bicycle, foot, motorcycle, train, horse, boat, aeroplane, donkey, ship, helicopter, camel, train, canoe, ferry, tractor, trailer, jets.

**Exercise:**

1. Mention any five means of transport.

2. Draw these means of transport.

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train	aeroplane	boat	car	donkey	lorry

**THEME: TRANSPORT**

**SUB-THEME: TYPES AND MEANS OF TRANSPORT**

**CONTENT: Water transport**

This is the movement of people and goods from one place to another on water. It is the slowest type of transport.

**Means of water transport**

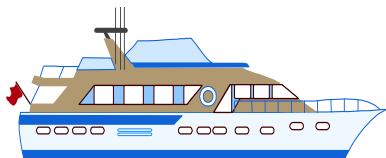
- Ship
- Boat
- Canoe
- Ferry

**Things transported on water.**

- People,
- Food
- Animals
- Cars,
- Timber
- Firewood.

**Exercise.**

1. Give three means of water transport.
2. Name these of water transport.



**THEME: TRANSPORT**

**SUB-THEME: TYPES AND MEANS OF TRANSPORT**

**CONTENT: Air transport**

- It is the movement of people and goods from one place to another.
- Air transport is the quickest type of transport.
- It is expensive.

**Means of air transport.**

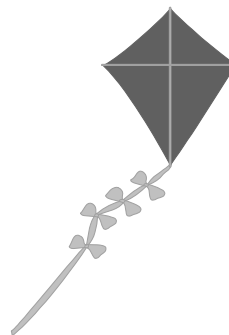
- Aeroplane, paracute, jet, air ballons, helicopter, cargo planes.
- We need aeroplanes at the airport/air strip.
- Things transported in air include; Goods, people.

**Exercise**

1. Give any three means of air transport.

\_\_\_\_\_ , \_\_\_\_\_

2. We can find aeroplanes at the \_\_\_\_\_



**THEME: TRANSPORT**

**SUB-THEME: TYPES AND MEANS OF TRANSPORT**

**CONTENT: Railway transport**

**Means of raitransport**

- Train
- Tram

**Things transported on rail transport.**

- Trains transport people and other things like crops, cement, minerals, boxes, containers.
- Trains transport people and goods.
- We find trains at the railway station.

**Exercise**

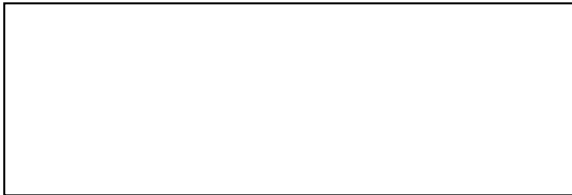
1. Write four types of transport.

\_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_

2. Give two means of railway transport.

(a) \_\_\_\_\_ (b) \_\_\_\_\_

3. Draw a train.



**THEME: TRANSPORT**

**SUB-THEME: TYPES AND MEANS OF TRANSPORT**

**CONTENT: Road transport**

**Means of transport.**

- Cars, cart, donkey, buses, horse, lorry, camel, bicycle, motorcycle.
- Road transport is cheap and easy.

**Things transported by road transport;**

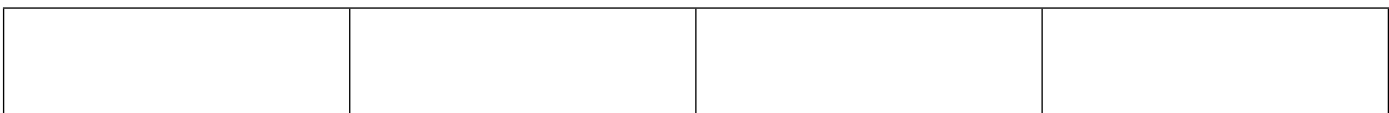
People, foods, animals, charcoal, timber, etc

**Exercise;**

1. Give four means of road transport.

\_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_

2. Draw these means of road transport.





cars	Bicycle	donkey	bus

**THEME: TRANSPORT**

**SUB-THEME: TYPES AND MEANS OF TRANSPORT**

**CONTENT: Uses of transport**

- To carry people.
- To carry things like food, building materials etc.
- To save time.
- To avoid getting tired in case of long distances.

**Exercise;**

1. Mention any two things carried by lorries.

\_\_\_\_\_, \_\_\_\_\_

2. Give three uses of transport.

\_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_

3. Write means for each type of transport.

Water transport: \_\_\_\_\_

Railway transport \_\_\_\_\_

Road transport: \_\_\_\_\_

Air transport: \_\_\_\_\_

**THEME: TRANSPORT**

**SUB-THEME: TYPES AND MEANS OF TRANSPORT**

**CONTENT: Particular means for carrying people.**

- Taxi's
- Cars
- Buses
- Horse
- bicycle
- motorcycle
- train
- camel
- aeroplane
- tram
- donkey

**Particular means for carrying things.**

- Lorries, trucks, camel, cargo planes, carts, wheel barrow, ship.

**Exercise.**

1. Mention any two animals used for transport.

(a) \_\_\_\_\_ (b) \_\_\_\_\_

2. Give three means of transport used to carry people.

\_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_

3. Give three means of transport used to carry things.

\_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_

4. Draw a lorry carrying things.



**THEME: TRANSPORT**

**SUB-THEME: TYPES AND MEANS OF TRANSPORT**

**CONTENT:** People who move different means of transport.

Pilot: aeroplane, helicopter

Driver: cars, Lorries, buses

Cyclist: bicycle, motorcycle

Captain: ship, train

### Exercise

1. What is transport?  
\_\_\_\_\_
2. A person who flies an aeroplane is called a \_\_\_\_\_
3. A \_\_\_\_\_ moves a ship.
4. A \_\_\_\_\_ moves cars, lorries and buses.
5. A person who moves a bicycle is called a \_\_\_\_\_

**THEME: THINGS WE MAKE**

**SUB-THEME: THINGS WE MAKE AT HOME AND AT SCHOOL**

**CONTENT: Things we make at home and at school using local materials are called crafts.**

**Examples of things we make/crafts.**

- Mats
- Baskets
- Pots
- Dolls
- Toys
- Balls
- Ropes
- Hats
- Winnowers

### Exercise

1. \_\_\_\_\_ are things we make using local materials.
2. Name these things we make..



\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**THEME: THINGS WE MAKE**

**SUB-THEME: MATERIALS WE USE AND THEIR SOURCES**

<b>CONTENT: Materials</b>	<b>Sources</b>
- Seeds	- Forest
- Banana fibres	- bush
- Sisal	- swamp
- Clay	- cotton
- Raffia	- metal
- Palm leaves	- plastic
- Banana leaves	- garden

**Exercise**

1. Match the materials to their sources.

Material	Sources
Palm leaves	garden
Clay	forest
Banana leaves	swamp

2. Draw these things we make.

pot	mat	winnower

**SUB THEME: Importance of things we make and ways of making them**

**CONTENT: Why do we make crafts?**

- Domestic use e.g. sitting on.

- Income generation (selling and get money)
- Playing with.
- Decoration e.g. flowers, flower verses, table cloths
- Teaching and learning
- For wearing

### **Ways of making crafts**

- By modeling – pots
- By weaving – baskets, hats, mats etc
- By knitting – sweaters, socks, table cloths, bed covers
- By tie and dying.

### **Exercise**

1. Why do we make crafts? Give two reasons.

\_\_\_\_\_, \_\_\_\_\_

2. Name two things we make by modeling.

\_\_\_\_\_, \_\_\_\_\_

3. Write the ways the following are made.

(a) baskets, mats and hats by . \_\_\_\_\_

(b) sweater, socks and bed covers. By \_\_\_\_\_

**THEME: OUR ENVIRONMENT**

**SUB-THEME: COMPONENTS OF THE ENVIRONMENT**

**CONTENT: Things found in an environment.**

What is environment?

- An environment are the things around us.

### **Components of the environment.**

- These are the things which make up an environment. These include; people, rivers, lakes, animals, land, plants, stones, soil etc

### **Exercise**

1. Mental work

A \_\_\_\_\_ B \_\_\_\_\_ C \_\_\_\_\_ D \_\_\_\_\_

2. What is an environment?

\_\_\_\_\_

3. Mention any three things which make up an environment.

\_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_

4. Draw these;

(a) Stones = \_\_\_\_\_

(b) people = \_\_\_\_\_

**THEME: OUR ENVIRONMENT**

**SUB THEME: COMPONENTS OF THE ENVIRONMENT**

**CONTENT: NON LIVING THINGS**

**What are non living things?**

- These are things which do not have life.

**They include;**

Table, chairs, pen, pencils, books, benches, desks, cupboards, shoes, dress, short, hat, bucket, cup, plate, spoon, stones, stool etc.

**Characteristics/things that non living things do not do.**

- They don't move.
- They don't grow.
- They don't feed
- They don't breathe
- They don't re-produce.

**Exercise**

1. What are non living things?

\_\_\_\_\_

2. Draw and name five non living things.

\_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_  
\_\_\_\_\_

3. Mention five things that non living things do not do.

\_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_  
\_\_\_\_\_, \_\_\_\_\_

**THEME: OUR ENVIRONMENT**

**SUB THEME: COMPONENTS OF THE ENVIRONMENT**

**CONTENT: LIVING THINGS**

What are living things?

- Living things are things which have life.

**Examples of living things include:**

- Boy, man,, dog, rabbit, lion, girl, woman, cat, zebra, grass, trees, banana plant, maize plant, cassava plant, etc

**Characteristics/things that living things do.**

- They move
- They grow
- They feed
- They breath
- They reproduce
- They excrete

**Exercise**

1. What are living things?

\_\_\_\_\_

2. Draw and name five living things.

\_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_  
\_\_\_\_\_, \_\_\_\_\_

3. Write the things that living things do.

\_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_  
\_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_

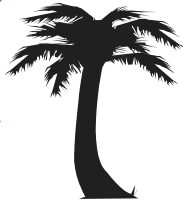
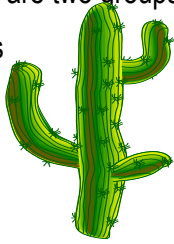
**OUR ENVIRONMENT**

**SUB THEME: GROUPS OF LIVING THINGS**

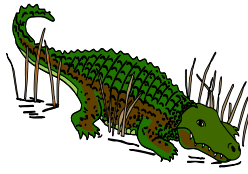
**CONTENT: The two groups of living things**

- There are two groups of living things namely;

Plants



and



animals

**Examples of plants are:**

Onion plant, maize plant, grass, trees, sweet potato plant, G. nut plants, etc.

**Examples of animals include:**

Cats, rabbit, cow, snake, lion, chameleon, goat, birds etc.

**Exercise**

1. Mental work

A \_\_\_\_\_ B \_\_\_\_\_ C \_\_\_\_\_ D \_\_\_\_\_

2. Name the two groups of living things.

\_\_\_\_\_ and \_\_\_\_\_

3. Draw and name animals you know.


4. Mention any two animals you know.

**THEME: OUR ENVIRONMENT**



**SUB THEME: COMPONENTS OF THE ENVIRONMENT**

**CONTENT: FLOWERING PLANTS**

What are flowering plants?

- Flowering plants are plants which bear flowers.

**Examples of flowering plants include;**

- Banana plants, orange plants, flower plants, mango plants, bean plants, apple plant, guava plants,.

**Exercise**

1. Mental work.

A \_\_\_\_\_ B \_\_\_\_\_ C \_\_\_\_\_ D \_\_\_\_\_

2. What are flowering plants?

\_\_\_\_\_

3. Draw these plants .

Banana plant	Mango plant	Bean plant

**THEME: OUR ENVIRONMENT**

**SUB THEME: COMPONENTS OF THE ENVIRONMENT.**

**CONTENT: Uses/things we get from flowering plants.**

- For making furniture.
- For medicine.
- For food
- For making juice.

- For firewood.
- For making dyes.
- For building
- For decoration.

### Uses of flowers.

- For medicine
- For making dyes
- For building
- For decoration

### Uses of flowers

- For medicine
- For making dyes
- For making perfumes.
- For decoration

### Exercise

1. Give five uses of plants to us.

\_\_\_\_\_ , \_\_\_\_\_ , \_\_\_\_\_  
\_\_\_\_\_ , \_\_\_\_\_

2. How are flowers useful to us? Give reasons.

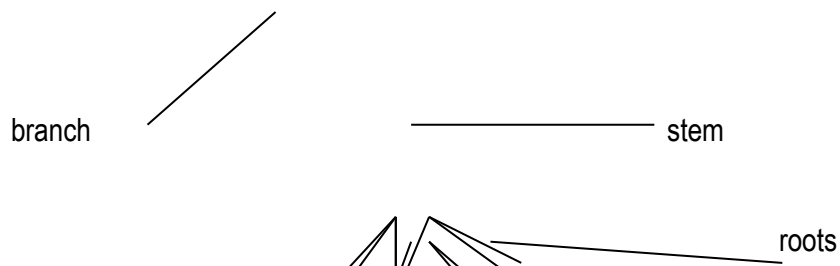
3. Mental work

**THEME: OUR ENVIRONMENT**

**SUB THEME: COMPONENTS OF THE ENVIRONMENT**

**CONTENTS: PARTS OF A FLOWERING PLANT**



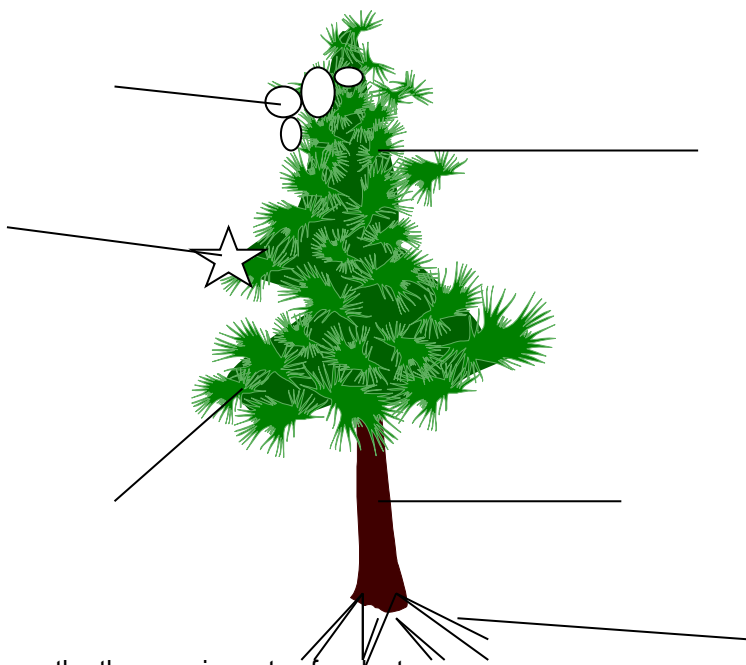


Note: There are three main parts of a plant namely;

- Leaves
- Stems and
- Roots

**Exercise.**

1. Name the parts of a plant.



2. Name the three main parts of a plant.

\_\_\_\_\_ , \_\_\_\_\_ , \_\_\_\_\_

**THEME: OUR ENVIRONMENT**

**SUB THEME: COMPONENTS OF THE ENVIRONMENT**

**CONTENT: Parts of a plant we eat.**

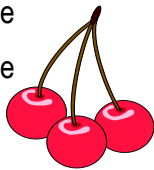
We eat the \_\_\_\_\_ roots of cassava, sweet potatoes and carrots. Carrots.

We eat the \_\_\_\_\_ stems of sugar cane plants.

We eat the \_\_\_\_\_ leaves of vegetables and greens.



We eat the \_\_\_\_\_ fruits of mango, orange, apples and jackfruit plants.  
We eat the \_\_\_\_\_ stem tubers of irish potatoes and yams.



### Exercise

1. Draw these parts of plants we eat.

fruits	leaves	stems	roots	Stem tubers

2. Name the parts we eat on each of these plants;

Sugarcane: \_\_\_\_\_

Greens (dodo) \_\_\_\_\_

Cassava and carrots: \_\_\_\_\_

Mangoes and apples: \_\_\_\_\_

Yams and irish potatoes: \_\_\_\_\_

**THEME: OUR ENVIRONMENT**

**SUB THEME: COMPONENTS OF THE ENVIRONMENT**

**CONTENT: Uses of parts of a plant to it.**

Leaves: Plants breathe through them.

Plants lose water to the atmosphere through leaves.

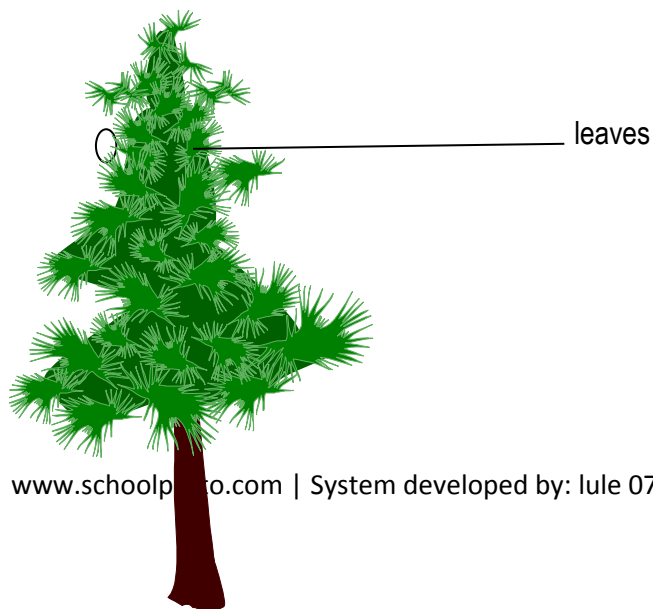
The stem: It takes water to other parts of the plant.  
It supports the plant.

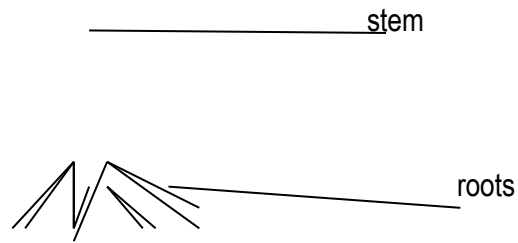
The flowers: Attract bees.  
Change to fruits

The roots: Collect water and salts for the plant.  
Hold the plant firmly in the soil.

The plants breathe through the organs called stomata.

The three main parts of a plant are;





**Exercise**

1. Mental work

A \_\_\_\_\_ B \_\_\_\_\_

C \_\_\_\_\_ D \_\_\_\_\_

2. **Match correctly.**

- |         |                                  |
|---------|----------------------------------|
| Leaves  | attract bees                     |
| Stems   | collect water and mineral salts. |
| Flowers | plants breathe through them.     |
| Roots   | support the plant                |

3. Draw and name the three main parts of a plant.

**THEME: OUR ENVIRONMENT**

**SUB THEME: COMPONENTS**

**CONTENT: IMPORTANCE OF OTHER COMPONENTS OF THE ENVIRONMENT.**

**Other components of the environment include;**

- Lakes, gardens, schools, rivers, roads, hospitals, hills, forests, land, mountains, houses, animals.

**Importance of other components of the environment.**

Water bodies (lakes and rivers): Sources of food.

Provide us with water.

They are homes of animals.

Hills and mountains: attract tourists  
Source of money  
We get building materials from them

Gardens: source of food.

Roads: used for transport.

Forests: sources of building materials

Homes of animals

Attract tourists

Houses: for sleeping in

Schools: for education

Hospitals: for medical treatment

Land: for farming

**Exercise:**

1. Draw and name any three components of the environment.


2. Write the importance of the following in the environment;

(a) lakes and rivers = \_\_\_\_\_

(b) forests = \_\_\_\_\_

(c) Schools = \_\_\_\_\_

**THEME: OUR ENVIRONMENT**

**SUB –THEME: COMPONENTS OF THE ENVIRONMENT**

**CONTENT: THE SOURCES OF WATER**

A source of water is a natural water provider or anything made by God. These are;

- Lakes, springs, rivers, rainfall, swamps, streams, oceans, seas, wells etc.

Note: The main natural source of water is rainfall.

**Exercise;**

1. Mental work

A = \_\_\_\_\_ B = \_\_\_\_\_ C = \_\_\_\_\_

D = \_\_\_\_\_

2. What do we call the main natural source of water?

\_\_\_\_\_

3. Mention any five sources of water.

\_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_

**THEME: OUR ENVIRONMENT**

**SUB –THEME: COMPONENTS OF THE ENVIRONMENT**

**CONTENT: Places from where we get water.**

There are various places from where we get water namely;

- Taps, drums, boreholes, tanks, water reserves, etc.

**Exercise;**

1. Mental work

A = \_\_\_\_\_ B = \_\_\_\_\_ C = \_\_\_\_\_



D = \_\_\_\_\_

2. How do we call the main natural source of water? \_\_\_\_\_

3. Draw these places from where we get water ?

Tap	Borehole	Tank

**THEME: OUR ENVIRONMENT**

**SUB THEME: USES OF WATER**

**We use water in different ways for example;**

- For washing
- For drinking
- For bathing
- For watering plants
- For mopping
- For cooking

**Exercise**

1. Mental work

A = \_\_\_\_\_ B = \_\_\_\_\_ C = \_\_\_\_\_

D = \_\_\_\_\_

2. Why do we need water at home? Give four ways.

\_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_

3. Mention any two places where you get water for use.

\_\_\_\_\_, \_\_\_\_\_

4. Draw these uses of water;

--	--	--

drinking	washing	Watering plants

5. Name any two sources of water.

\_\_\_\_\_ , \_\_\_\_\_

**THEME: OUR ENVIRONMENT**

**SUB THEME: COMPONENTS OF THE ENVIRONMENT**

**CONTENT: ACTIVITIES THAT SPOIL OUR ENVIRONMENT.**

**There are various activities that spoil the environment. These include;**

- Cutting down trees.
- Building in swamps.
- Brick making
- Farming (growing crops)
- Hunting
- Exposing bad smoke to the environment

**Exercise**

1. Mental work

A = \_\_\_\_\_ B = \_\_\_\_\_ C = \_\_\_\_\_

D = \_\_\_\_\_

2. Write any four activities that spoil the environment

\_\_\_\_\_ , \_\_\_\_\_ , \_\_\_\_\_ , \_\_\_\_\_

**THEME: PEACE AND SECURITY**

**SUB THEME: DEFINITION OF PEACE**

Peace means living in harmony without fighting and quarreling with one another.

**Security:**

Security means living with protection and freedom.

**Factors that promote peace and security at home.**

- Love
- Obedience
- Caring/helping
- Good health
- Good relationship
- Respect
- Good feeding
- Protection

**People who promote peace and security in our homes**

- Parents
- Elders
- Guards
- relatives

**Exercise**

1. Mention any two factors that promote peace and security at home.  
\_\_\_\_\_
2. Underline ways of keeping peace and security at home.  
Fighting others, loving, quarreling, respecting

**THEME: PEACE AND SECURITY**

**SUB THEME: PEACE AND SECURITY AT HOME.**

**CONTENT: CAUSES OF INSECURITY AT HOME**

- Stealing
- Poverty
- Violence
- Defilement
- Poor relationship
- Fighting
- Diseases
- lack of food
- child neglect
- Isolation

**Exercise.**

1. Mention any four causes of insecurity at home.  
- \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_  
\_\_\_\_\_

2. Draw these people who promote peace and security at home.

Parents	Guard

**THEME: PEACE AND SECURITY**

**SUB THEME: PEACE AND SECURITY AT HOME.**

**CONTENT: FACTORS THAT PROMOTE PEACE AND SECURITY AT SCHOOL.**

- School rules
- Observing children's rights and responsibilities.
- Loving one another
- Caring for one another.
- Listening to teachers and friends.
- Obedience.
- Helping others
- Sharing
- Protection

**People who promote peace and security at school.**

- Teachers
- Children (prefects)
- Nurse
- Guard
- Cooks
- Matrons

**Exercise**

1. Write any two factors that promote peace and security.

\_\_\_\_\_ , \_\_\_\_\_

2. Mention three people who promote peace and security at school.

\_\_\_\_\_ , \_\_\_\_\_ , \_\_\_\_\_

**THEME: PEACE AND SECURITY**

**SUB THEME: PEACE AND SECURITY AT SCHOOL.**

**CONTENT: CAUSES OF INSECURITY IN OUR SCHOOL.**

- Taking other people's things/stealing.
- Beating others/fighting.
- Not obeying rules and regulations.
- Teasing.
- Not respecting others.

How we can avoid insecurity at school.

- By helping our friends.
- By listening to our leaders.
- By following school rules.
- By loving one another.
- By respecting others.
- Not teasing others.
- Not stealing.

**Exercise**

1. Write any three causes of insecurity at school.

\_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_

2. How can we avoid insecurity at school? (Give two ways)

\_\_\_\_\_, \_\_\_\_\_

**THEME: PEACE AND SECURITY**

**SUB THEME: PEACE AND SECURITY IN OUR COMMUNITY**

**CONTENT: HOW TO PROMOTE PEACE AND SECURITY IN OUR COMMUNITY**

- By obeying rules.
- Respecting others.
- Loving others.
- Providing security.
- Reporting bad people.
- Solving conflicts (problems)

**People who keep peace and security in our community.**

- Elder (men and women)
- Youth
- Local council members.
- Police
- Army
- LDU (Local Defence Unit)
- Parents
- Teachers
- Religious leaders e.g. Sheikhs, priests etc

**Exercise.**

1. How do we promote peace and security in our community? (Give two ways)

\_\_\_\_\_, \_\_\_\_\_

2. Mention any three people who keep peace and security in our community.

\_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_

**THEME: PEACE AND SECURITY**

**SUB THEME: PEACE AND SECURITY IN OUR COMMUNITY**

**CONTENT:   WAYS OF PROMOTING PEACE AND SECURITY.**

- By reporting bad people.
- By arresting thieves.
- By setting laws.

**Importance of peace and security**

Peace and security

- Promotes love.
- Promotes harmony
- Safety
- Care
- Happiness

**Exercise**

1. Give any two ways of promoting peace and security.

\_\_\_\_\_, \_\_\_\_\_

2. Write any two good things of having peace and security.

\_\_\_\_\_, \_\_\_\_\_