#### PRIMARY FOUR SCIENCE

#### TERM I

TOPIC: FOOD AND NUTRITION

Sub topic: Food path

## Lesson 1

Learners will be guided on how to;

- Define food path.
- Mention the types of food path.
- Describe village food path.
- List stages involved in food production.

## **Evaluation activity**

- 1. Explain food path.
- 2. Outline the types of food path.
- 3. What is village food path?
- 4. Identify the stages involved in village food path.

### Lesson 2

Sub topic: Stages in village food path

### Land preparation

- Ways of preparing land.
- Garden tools used in land preparation.
- Diagrams of the tools.

# **Evaluation activity**

- 1. Explain land preparation.
- 2. State different ways of preparing land.
- 3. Identify garden tools used in land preparation.
- 4. Draw and give the functions of each garden tool identified.
- 5. What is the suitable time for land preparation?

#### Lesson 3

# Selecting seeds for planting

- Reasons for seed selection.
- Qualities of good planting materials.
- Seed viability.

## **Evaluation activity**

- 1. Why do we carry out seed selection?
- 2. What is seed viability?
- 3. Mention any four qualities of a good planting material.
- 4. Why is it not good to plant spoilt seeds?

#### Lesson 4

## **Planting**

**Note:** Some seeds are first planted in a nursery bed while others are planted directly in the main garden.

## Nursery bed/seed bed

- Definition of a nursery bed.
- Examples of seeds which are first planted in a nursery bed.
- Site for a good nursery bed.
- Importance of a nursery bed.

### **Evaluation activity**

- 1. Define a nursery bed.
- 2. State any five examples of seeds that are first planted in a nursery bed.
- 3. Mention any four good sites of a nursery bed.
- 4. How useful is a nursery bed to crop farmers?

#### Lesson 5

### Preparation of a nursery bed

- Tools used in preparing a nursery bed.
- Definition of terms: seedling, transplanting
- Suitable time for transplanting and reason why.
- Garden tool used for transplanting (trowel).

- 1. State the different ways of preparing a nursery bed.
- 2. Identify any four tools used in preparing a nursery bed.
- 3. Define the following terms;
  - a) Seedling
  - b) Transplanting
- 4. What is the suitable time for transplanting?
- 5. Give a reason for your answer in (4) above.
- 6. Draw and name the garden tool used for transplanting.

## Methods of transplanting

- i) Row planting
- ii) Broadcasting
- Description of each method of planting.
- Seeds planted using each method.
- Advantages of row planting over broadcasting method.

## **Evaluation activity**

- 1. State the two methods of planting.
- 2. Define the following:
  - a) Row planting
  - b) Broadcasting method
- 3. Identify any three seeds planted using the following methods.
  - a) Row planting
  - b) Broadcasting
- 4. Mention any two advantages of each of the following methods.
  - a) Row planting
  - b) Broadcasting

### Lesson 7

## Caring for plants in the garden

## Ways of caring for plants

## (a) Weeding

- Definition of weeding and weeds.
- Examples of common weeds.
- Dangers of weeds to crops and advantages of weeding.
- Uses of weeds.
- Ways of controlling weeds.

# **Evaluation activity**

- 1. Define the following terms:
  - i) Weeds
  - ii) Weeding
- 2. Mention any five examples of weeds you know.
- 3. State any two uses of weeds.
- 4. How dangerous are weeds to crops?
- 5. Suggest any four ways of controlling weeds in the garden.

#### Lesson 8

# (b) Manuring

- Definition
- Importance of adding manure.
- Types of manure and their description.

# **Evaluation activity**

- 1. Explain manuring?
- 2. State the importance of adding manure to the soil.
- 3. List the three types of manure.
- 4. Explain how the following types of manure are got.
  - a) Farm yard manure
  - b) Composite manure
  - c) Green manure

### Lesson 9

# (c) Watering and pruning mulching

- When is watering done (dry season).
- Suitable time for watering (evening and early morning).
- Garden tool used.

# **Pruning**

- Definition
- Importance of pruning.
- Garden tool used.

## **Evaluation activity**

- 1. Define pruning.
- 2. What is the suitable time for watering crops?
- 3. How useful is a watering can to a crop farmer?
- 4. State any three importance of pruning.
- 5. Draw and name any two garden tools used for pruning.

#### Lesson 10

## (d) Mulching

- Definition
- Materials used.
- Advantages of mulching.
- The major reason for mulching (to preserve moisture).

#### **Evaluation exercise**

- 1. Define mulching.
- 2. State any three materials used for mulching.

- 3. Give the main reason as to why farmers carry out mulching.
- 4. List ay four advantages of mulching.
- 5. Outline any three disadvantages of mulching.

### Lesson 11

## (e) Pest control

- Ways of controlling pests.
- Definition of terms e.g. crop rotation and pesticides.
- Advantages of crop rotation.
- Ways in which crop rotation controls pests.

## **Evaluation activity**

- 1. State any five ways of controlling pests.
- 2. Define:
  - a) Crop rotation
  - b) Pesticides
- 3. How does crop rotation control pests?
- 4. State any four advantages of crop rotation.

### Lesson 12

# (f) Thinning

- Staking
- Harvesting.
- Definition of the above terms.
- Ways of harvesting crops.
- Suitable season for harvesting.
- Tools used for harvesting.
- Reason why harvesting is done in the dry season.

### **Evaluation activity**

- 1. Define the following terms;
  - a) Thinning
  - b) Staking
  - c) Harvesting
- 2. Write down any four ways or methods of harvesting crops.
- 3. State the best season for harvesting crops.
- 4. Give reasons why harvesting is done in the dry season.
- 5. Draw and name any three garden tools used for harvesting.

#### Lesson 13

## A. Food preservation

- Definition of food preservation.
- Methods of preserving food.
- Advantages of food preservation.

# B. Storage of food

- Definition.
- Conditions of a good store.
- Importance of storing food.
- Types of stores.

## **Evaluation activity**

- 1. Define the following terms;
  - a) Food preservation.
  - b) Storing
- 2. Write down any five methods of preserving food.
- 3. State any three advantages of food preservation.
- 4. Write down any four conditions of a good store.
- 5. Mention any three importance of food storage.
- 6. Draw and name the two types of food stores.
- 7. How useful are rat guards on a granary?

#### Lesson 14

# Types of food path

## Town food path

- Description.
- Stages in town food path.

## **Earning food path**

- Description
- Stages in earning food path.

## **Evaluation activity**

- 1. Describe the following types of food production.
  - a) Town food path
  - b) Earning food path
- 2. State all the stages involved in:
  - a) Town food path
  - b) Earning food path

#### Lesson 15

## Blocks in food path

- Describe blocks in food path.
- State the blocks in food path.

# **Evaluation activity**

- 1. Describe blocks in food path.
- 2. Outline the different blocks in food path.
- 3. Identify the blocks in the following food path.
  - a) Town food path
  - b) Village food path

#### Lesson 16

# Food preparation

- Ways of preparing food.
- Ways of proper food handling.
- How food gets dirty.
- Importance of proper food handling.
- Uses of food in the body.

## **Evaluation activity**

- 1. Outline any four ways of preparing food.
- 2. List any five ways food can be properly handled.
- 3. State any three ways in which food can get dirty/contaminated.
- 4. Give three importance of proper food handling.
- 5. Identify the three uses of food in the body.

### Lesson 17

#### SAMPLE TOPICAL QUESTIONS

- 1. What do you understand by the term food path?
- 2. Outline the three types of food path.
- 3. Identify any three garden tools used in the preparation of land.
- 4. What should be the suitable time for land preparation?
- 5. Define the term seed viability.
- 6. Outline at least three qualities of good planting material.
- 7. What is a nursery bed?
- 8. Mention any four crops whose seeds are first planted in a nursery bed.
- 9. Give at least two uses of a nursery bed.
- 10. Write the meaning of the following.
  - a) Transplanting
  - b) Seedling
- 11. Describe the suitable time for transplanting seedlings.

- 12. Which garden tool does a farmer use to transplant seedlings?
- 13. Outline the two methods of planting seeds.
- 14. Identify any three advantages of:
  - a) Row planting
  - b) Broadcasting methods
- 15. Write the meaning of these terms.
  - a) Weeds
  - b) Weeding
- 16. State any four examples of common weeds.
- 17. Write down any four ways of controlling weeds.
- 18. List down the three types of manure.
- 19. What is pruning?
- 20. Which garden tools are used for:
  - a) Pruning
  - b) Watering crops
- 21.(a) What is mulching?
- b) State the main reason to why farmers carry out mulching.
- c) Identify any three materials that can be used for mulching.
- d) Write down three advantages of mulching.
- e) Mention any two disadvantages of mulching.
- 22.(a) What is a pest?
- b) Give any three examples of crop pests.
- c) Define crop rotation.
- d) How does crop rotation control pests?
- e) Outline any three advantages of crop rotation.
- 23. (a) Define the following terms
  - i) Staking
  - ii) Harvesting
- b) Identify any three crops that can be staked.
- c) Why is harvesting done in dry season?
- 24. (a) Mention any five methods of preserving food.
- b) Write down any for conditions of a good store.
- c) State any three importance of food storage.
- d) How useful are rat guards on a granary.
- 25. (a) List down any three ways food can be handled properly.

- b) What is food contamination?
- c) Mention any three ways in which food gets contaminated.
- d) Give two ways in which we can prevent food contamination.
- e) State any three uses of food in the body.

#### TOPIC: PLANT LIFE

#### Lesson 18

## Flowering plants

- Definition.
- Structure of a flowering plant.
- Systems of flowering plant.

### **Evaluation activity**

- 1. Define a flowering plant.
- 2. Mention any five examples of flowering plats.
- 3. Identify the two systems of a flowering plant.
- 4. Draw and name parts of a flowering plant.
- 5. List any five parts which make up a shoot system.

#### Lesson 19

## Parts of a flowering plant

## Leaves

- The structure of a leaf.
- Uses of leaves to both plants and man.
- Types of leaves.

## **Evaluation activity**

- 1. Draw and name the parts of a leaf.
- 2. Mention any four uses of leaves t a plant.
- 3. State any four uses of leaves to man.
- 4. Outline the two types of leaves.
- 5. Draw and name the different types of leaves.
  e.g simple leaf, compound pinnate, compound bipinnate, trifoliate, digitate

### Lesson 20

#### Leaves

#### Leaf venation

- Definition.
- Types of leaf venation.
- Illustrations of the different types of venation.

# **Evaluation activity**

- 1. Define leaf venation.
- 2. State the two types of leaf venation.
- 3. List any three examples of plants from each type.
- 4. Draw diagrams to illustrate each type of venation.

#### Lesson 21

#### **Processes in leaves**

- i) Photosynthesis
- ii) Transpiration

# **Photosynthesis**

- Definition
- Conditions for photosynthesis.
- Importance of each condition.
- Raw materials: carbondioxide and water.
- End products; water and starch (product).

#### **Evaluation exercise**

- 1. Define photosynthesis.
- 2. State the meanings of the following.

a)	Photo	
hĺ	Synthesis	

- 3. Mention the conditions a plant needs to make its own food.
- 4. How useful are the following during photosynthesis
  - a) Chlorophyll
  - b) Sunlight
  - c) Carbondioxide and water
- 5. State the end products of photosynthesis.
- 6. Why can't photosynthesis take place at night?

#### Lesson 22

#### **Processes in leaves**

### **Photosynthesis**

## **Testing for starch**

- Requirements.
- Reason of the following.
  - Boiling the leaf in water
  - Boiling the leaf in methylated spirit
  - Washing the leaf in water
- Results after boiling.
- Conclusion

# **Evaluation activity**

- 1. Outline the requirements needed to test for starch.
- 2. Let each child try the experiment.

#### Lesson 23

## **Transpiration**

- Definition.
- Experiment to show that plants carry out transpiration.
- Factors affecting the rate of transpiration.

## **Evaluation activity**

- 1. Define transpiration.
- 2. List any six factors that affect the rate of transpiration.
- 3. Carry out an experiment to show that plants transpire.
- 4. Draw diagrams illustrating the experiment at its results.

#### Lesson 24

### **Transpiration**

- Importance of transpiration.
- How do plants reduce the rate of transpiration?
- Effects of transpiration.
- Uses of leaves to animals.

- 1. Mention any three importance of transpiration to plants.
- 2. State any four ways plants reduce the rate at which they are losing water.
- 3. Why do some plants shed off their leaves?
- 4. Outline any two effects of transpiration.
- 5. List down five uses of leaves to man.
- 6. Identify one plant that reduces the rate of transpiration by covering its stomata with wax.

#### **Flowers**

- Definition.
- The structure of a flower both internal and external parts.

## **Evaluation activity**

- 1. Define a flower.
- 2. Mention the main function of a flower to the plant.
- 3. Draw and name the parts of a flower.

#### Lesson 26

#### **Flower**

- Functions of each part of a flower.
- The general name given to; Sepals

Petals

# **Evaluation activity**

- 1. Mention the uses of all the parts of a flower.
- 2. What general name is given to;
  - a) Sepals
  - b) Petals

#### Lesson 27

### The reproductive/essential parts of a flower

- Pistil
- Stamen
- Diagrams showing the essential parts of a flower.
- The parts of a flower that make each i.e. male and female.
- Define pollination.
- Types of pollination.

- The male part of a flower is called\_\_\_\_\_
- 2. Name the female part of a flower.
- 3. Draw the male and female part of a flower and name their parts.
- 4. Explain pollination.
- 5. State the two types of pollination.

# **Pollination**

- Describe each type of pollination.
- Draw diagrams illustrating each type of pollination.
- Agents of pollination.

## **Evaluation activity**

- 1. Describe the following;
  - a) Cross pollination
  - b) Self pollination
- 2. Draw diagrams illustrating the following types of pollination.
  - a) Cross pollination
  - b) Self pollination
- 3. Define agents of pollination.
- 4. State the two common agents of pollination.
- 5. Apart from the two common agents named above identify any other three agents you know.

### Lesson 29

# Agents of pollination

### Insects

- Examples of insects that carry out pollination.
- Characteristics of insect pollinated flowers.
- Reason why insects visit flowers.
- Insects that pollinate flowers at night and why?

### **Evaluation activity**

- 1. List examples of insect pollinators.
- 2. State any six characteristics of insect pollinated flowers.
- 3. Why do insects visit flowers?
- 4. Where is nector stored in flowers?
- 5. Name the insect that pollinate flowers at night.

### Lesson 30

### Wind

- Examples of plants pollinated by wind i.e. maize, wheat and most grasses.
- Characteristics of wind pollinated flowers.
- Example of a bird that pollinates flowers.

## **Evaluation activity**

- 1. State any two plants that are pollinated by wind.
- 2. State any five characteristics of wind pollinated flowers.
- 3. Name the bird that pollinates flowers.
- 4. How are bats able to pollinate flowers at night (some are fruit eaters).

#### Lesson 31

#### **Fertilization**

- Definition
- Where fertilization takes place in a flower.
- Name the male and female cells of a plant.
- What happens to an ovary and ovules after fertilization?
- Uses of flowers to man.

## **Evaluation activity**

. Define	

- 2. Where does fertilization take place in a flower?
- 3. What name is given to the male and female cell/gametes of a plat?

	3	5
	a) Male	<u></u>
	b) Female	
4.	State what happened to the f	
	a) Ovary	_
	b) Ovules	

5. Mention any five uses of flowers to man.

#### Lesson 32

## **Stems**

- Functions of stems to a plant

## Types of stems

- Upright stems
  - a) Description.
  - b) Examples of plants with erect stem.

- 1. State any four functions of a stem to a plant.
- 2. To which system of a plant does the stem belong?
- 3. Mention the three types of stems.
- 4. Describe upright stems.
- 5. Give any three examples of plants with upright stems.

### **Stems**

## **Underground stems/storage stems**

- Name the four types of underground stems.
- Characteristics of underground stems.

#### Stem tubers

- Description of stem tubers.
- Examples of stem tubers.
- Diagram of an irish potato.

# **Evaluation activity**

- 1. Explain underground stems.
- 2. State the four types of underground stems.
- 3. Write down any three characteristics of underground stems.
- 4. What are stem tubers?
- 5. List down any two examples of stem tubers.
- 6. Where does an irish potato store its food?
- 7. Draw and name the parts of an irish potato.

### Lesson 34

#### **Stems**

#### **Bulbs**

- Description of a bulb.
- Examples of bulbs.
- Draw and name the parts of an onion.
- State the functions of each part named.

- 1. Describe a bulb.
- 2. Mention any two examples of a bulb.
- 3. Draw an onion, mark and name the following parts:
  - a) Foliage leaves
  - b) Storage leaves
  - c) Scale leaves
  - d) Auxiliary buds
  - e) Stem
- 4. State the functions of the above named parts.
- 5. Which part of an onion do we eat?

6. Where does an onion store its food?

#### Lesson 35

### **Rhizomes**

- Examples of rhizomes.
- Characteristics of rhizomes.
- Diagram showing parts of rhizomes.

#### Corms

- Description.
- With the help of a real object, learners will identify the characteristics of corms.

# **Evaluation activity**

- 1. Explain the following;
  - a) Corms
  - b) Rhizomes
- 2. State any two characteristics of each of the following underground stems.
  - a) Corms
  - b) Rhizomes
- 3. Draw the diagram of a rhizome and name its parts.
- 4. List down any one example of a corm.

## Lesson 36

## Climbing stems

- Learners will be helped to define climbing stems with the help of real objects.
- Learners will use their knowledge acquired in P3 to:
  - a) List examples of climbing stems.
  - b) Give reasons why plant climb others.
  - c) Mention ways in which plants climb others.
- Using the textbooks learners will draw diagrams to illustrate ways plants use to climb others.

# **Evaluation activity**

- 1. Explain climbing plants.
- 2. List any three examples of climbing plants.
- 3. State any two reasons why plants climb others.
- 4. List the three different ways plants climb others.
- 5. Draw diagrams to illustrate the different ways plants use to climb others.

#### Lesson 37

### **Roots**

Learners will be helped by the teacher to;

- Define roots and root system.
- Read the text about functions of roots to a plant.
- State the examples of root system.
- List types of roots.

#### **Evaluation exercise**

- Define the following;
  - a) A root
  - b) A root system
- 2. State the two examples of root systems.
- 3. Roots that develop from other parts of plants are called
- 4. Outline any four functions of roots to plants.
- 5. Write down any three examples of adventitious roots.
- 6. Draw and name the different types of roots.

#### Lesson 38

## Prop roots/ storage roots

With the help of a real object, teachers will help learners to;

- Identify prop roots and storage roots.
- Describe prop roots and storage roots.
- State the use of prop roots to a maize plant.
- Give examples of storage roots.

### **Evaluation activity**

- 1. How useful are prop roots to a maize crop?
- 2. List any two examples of plants that develop prop roots.
- 3. At what stage of a growing plant do prop roots develop?
- 4. What are root tubers?
- 5. Mention any two examples of root tubers.
- 6. With the help of a textbook draw the taproot of a carrot.
- 7. Where does the cassava plant store its food?

#### Lesson 39

### Types of flowering plants

Learners will be helped by the teacher to;

- Identify the types of flowering plants.
- Differentiate the two types of flowering plants.

- Give examples of each type of flowering plants.
- Define monocot and dicot plants.

# **Evaluation activity**

- 1. Define flowering plants.
- 2. State the two types of flowering plants.
- 3. Explain the following terms;
  - a) Monocotyledonous plants
  - b) Dicotyledonous plants
- 4. List down any two examples for each of the above plants.
- 5. Mention any three differences between monocotyledonous and dicotyledonous plants.

#### Lesson 40

#### Seeds

- Learners will be helped by the teacher t:
  - a) Define seeds
  - b) Mention the two types of seeds.
- Learners should use the previous knowledge in P3 to:
  - a) Define monocots and dicots.
  - b) Give examples of monocots.
  - c) Draw and name parts of monocot seeds (maize).
- Using real objects and well prepared charts, help learners to name the parts of a monocot seed.
- Functions of the parts named above.

#### **Evaluation exercise**

- 1. What is a seed?
- 2. Mention the two types of seeds.
- 3. List down any two uses of seeds to man.
- 4. Define monocotyledonous seeds.
- 5. Give any three examples of monocots.
- 6. Draw a maize grain and name its parts.
- 7. Why is a maize grain called a fruit?
- 8. What general name is given to the plumule and radical?

#### Lesson 41

### **Dicotyledonous seeds**

Learners will be helped by the teacher to:

- Define dicotyledonous seeds.
- Structure of a dicot seed (bean).

- Give examples of dicotyledonous seeds.
- Functions of each part named on the diagram.
- Using well prepared charts and textbooks learners will draw the types of seeds.

## **Evaluation activity**

- 1. Define dicotyledonous seeds?
- 2. Mention any three examples of dicot seeds.
- 3. Draw and name the parts of a dicot seed (bean).
- 4. Mention the function of each part of the seed named.

#### Lesson 42

#### Germination

- Learners will use their previous knowledge about germination in P3 to:
  - a) Define seed germination.
  - b) State the types of germination.
  - c) State the conditions necessary for germination.
- Using textbooks, learners will explain and draw the types of germination.

## **Evaluation activity**

- 1. What is seed germination?
- 2. State the two types of seed germination.
- 3. Give any two examples of seeds that undergo:
  - a) Epigeal germination
  - b) Hypogeal germination
- 4. Explain and draw diagrams showing the types of germination.

#### Lesson 43

# Conditions for seed germination

- Learners will be helped by the teacher to carry out an experiment to identify the different conditions for seed germination.
- Uses of water during germination.
  - a) Softens the testa
  - b) Dissolves food in the cotyledon

## **Evaluation activity**

- 1. State the three conditions a seed needs to germinate.
- 2. How useful is water during germination

#### Lesson 44

## **Tropism**

- Define tropism.
- Define the term stimuli.
- Learners will be guided to mention the types of tropism.
  - a) Photo tropism
  - b) Hydro tropism
- Using textbooks teachers will guide learners to explain the types of tropism and draw diagrams to illustrate photo tropism.

# **Evaluation activity**

- 1. Define the following terms:
  - a) Tropism
  - b) Stimuli
- 2. Explain the following types of tropism.
  - a) Hydro tropism
  - b) Photo tropism
- 3. Draw a diagram to illustrate the photo tropism.

#### Lesson 45

#### SAMPLE TOPICAL QUESTIONS

- 1. What are flowering plants?
- 2. Give the main function of flowers to the plant.
- 3. Where does an irish potato store its excess food?
- 4. What is the importance of chlorophyll during photosynthesis?
- 5. How useful are stomata to plants?
- 6. Why is a maize grain called a fruit?
- 7. What name is given to:
  - a) a group of petals
  - b) a group of sepals
- 8. Name the two systems of a flowering plant.
- 9. Identify the type of germination which is common in:
  - a) Monocotyledonous plants
  - b) Dicotyledonous plants
- 10. Why do some flowers have bright coloured petals?
- 11. Which insect is likely to pollinate flowers at night?
- 12. What is transpiration?
- 13. Outline any three factors that may affect the rate of transpiration.
- 14. How useful are the root hairs to a plant?
- 15. Identify the two raw materials plants use to make starch.
- 16. Which gas do plants give off during photosynthesis?
- 17. List down any three examples of:
  - a) Compound leaves
  - b) Simple leaves
- 18. Where does fertilization take place in a flower?

- 19. What is the role of the cotyledon to a maize grain during germination?
- 20. Why do some plants shed off their leaves during a dry season?
- 21. Which part of airish potato do we eat?
- 22. Why is transpiration done in the evening?
- 23. Which part of an onion do we eat?
- 24. Mention the four types of underground stems.
- 25. What is phototropism?
- 26. (a) What is photosynthesis?
- b) List down the four conditions needed for photosynthesis.
- 27. (a) What is germination?
- b) Write the three conditions necessary for photosynthesis.
- c) What is the role of water during seed germination.

#### SANITATION

#### Lesson 46

- Definition of diseases.
- Definition of germ, vector.
- Groups of germs.
- List examples of insect vectors, animal vectors.

### **Evaluation activity**

- 1. What do you understand by the term disease?
- 2. What is the different between a vector and a germ?
- 3. Name the four groups of germs.
- 4. List any five examples of insect vectors.
- 5. List any five examples of animal vectors.

### Lesson 47

### **HOUSEFLY**

- How a housefly transmits germs.
- Structure of a housefly.
- Life history of a housefly.

- 1. How does a housefly transmit germs from one place to another?
- 2. Draw and name the life cycle of a housefly.
- 3. Which stage in the life cycle of a housefly is dangerous to our lives?
- 4. Which stage is useful to humans?

- Diseases spread by houseflies.
- Signs and symptoms of those diseases.
- Prevention and control of the diseases.

# **Evaluation activity**

- 1. Mention any four diseases spread by a housefly.
- 2. For each of the following diseases, mention two symptoms.
  - a) Typhoid
  - b) Cholera
  - c) Dysentery
  - d) Trachoma
  - e) Diarrhea

#### Lesson 49

### **COCKROACHES**

- Where they live.
- Diseases spread by cockroaches.
- How to prevent the diseases.
- Life cycle of a cockroach.

### **Evaluation activity**

- 1. Name any two places where cockroaches live.
- 2. State four diseases spread by houseflies.
- 3. Give two ways of preventing diseases spread by cockroaches.
- 4. Draw and name the lifecycle of a cockroach.

### Lesson 50

### **FLEAS**

- Where they live.
- Diseases spread by fleas.
- Ways of preventing fleas.

#### LICE

- Where they live.
- Types of lice.
- Diseases spread by lice.
- How to control lice.

## **Evaluation activity**

- 1. Identify two places where we find lice.
- 2. Name any two diseases spread by fleas.
- 3. State two ways of preventing fleas.
- 4. List two places where lice live.
- 5. Mention two types of lice.
- 6. State the disease spread by lice.
- 7. State two ways of controlling lice.

#### Lesson 51

#### **BED BUGS**

- Characteristics of bed bugs.
- Where they live.
- Prevention and control of bedbugs.

#### **TICKS**

- Characteristics of ticks.
- Where they live.
- Diseases they spread.
- Control.

# **Evaluation activity**

- Mention two characteristics of bed bugs.
- Where do bed bugs live?
- State two ways of preventing and controlling bed bugs.
- Mention the disease spread by ticks.
- Mention the characteristics of ticks.
- Where do ticks live?
- Mention two ways of controlling ticks.

#### Lesson 52

#### **ITCH MITES**

- Characteristics of itch mites.
- Diseases spread by itch mites.
- How scabies is spread.
- Effects of scabies.
- Prevention of scabies.

### **Evaluation exercise**

1. Mention any two characteristics of itch mites.

- 2. Name the disease spread by itch mites.
- 3. Suggest three ways in which scabies is spread.
- 4. State two effects of scabies to human beings.
- 5. Identify any two ways of preventing scabies.

#### Lesson 53

### **ANIMAL VECTORS**

- i) Rats
- ii) Mice
- Characteristics of rats and mice.
- Where they live.
- Dangers of rats and mice in animals.
- Controlling rats and mice.

#### **Evaluation exercise**

- State two characteristics of rats and mice.
- Name two places where rats and mice live.
- State two dangers of rats and mice.
- Suggest two ways of controlling rats and mice.

### Lesson 54

### **MOSQUITOS**

- i) Types of mosquitoes
- ii) History of each mosquito
- iii) Diseases spread by each

## **Evaluation activity**

- 1. Name the three types of mosquitoes.
- 2. Identify the diseases spread by each of the following mosquitoes.
  - a) Female anopheles mosquito
  - b) Culex mosquito
  - c) Aedes/tiger mosquito
- 3. Draw a diagram showing the life history of the following;
  - a) Anopheles mosquito
  - b) Culex mosquito

#### Lesson 55

### **ANOPHELES MOSQUITO**

Diseases spread.

- Signs and symptoms.
- Effects of malaria.
- Control.

## **Evaluation activity**

- 1. Identify the disease spread by female anopheles mosquito.
- 2. List the signs and symptoms of the above disease.
  - a) Signs
  - b) Symptoms
- 3. Write down two effects of malaria.
- 4. State any two ways of controlling malaria.
- 5. Name two other mosquitoes and the diseases they spread.

#### Lesson 56

### **TOPICAL QUESTIONS**

- 1. What is sanitation?
- 2. Name three activities that promote sanitation in homes?
- 3. Define the following terms;
  - a) Disease
  - b) Vector
  - c) Germ
- 4. Where do cockroaches live?
- 5. How is a housefly dangerous to human beings?
- 6. How many stages does a housefly undergo?
- 7. Mention any tow disease spread by houseflies.
- 8. Name any one disease spread by fleas.
- 9. State any two types of lice.
- 10. Why should be keep our hair short and clean?
- 11. Outline the 7 Fs mentioned in the spread of germs.
- 12. State two ways of controlling bedbugs.
- 13. Where do ticks live?
- 14. What vector spreads scabies?
- 15. State two ways of controlling scabies.
- 16. State two effects of scabies to human beings.
- 17. Name two places where rats and mice live.
- 18. State two dangers of mice.
- 19. How can we control rats and mice in a home?
- 20. Name any three types of mosquitoes.
- 21. Give the diseases spread by the above mentioned types.
- 22. Draw a diagram showing the larva of a culex mosquito.
- 23. List any two signs and symptoms of malaria.
- 24. Write down two ways of controlling mosquitoes.

#### TOPIC: INTERDEPENDENCE OF THINGS IN THE ENVIRONMENT

- Definition of environment.
- Components of the environment.
- Importance of the components of the environment.
- Grouping things in the environment.

## **Evaluation activity**

- 1. What do you understand by the term environment?
- 2. Mention any four components of the environment.
- 3. Identify two components of the environment under each of the following.
  - a) Living things
  - b) Non living things
- 4. Give one importance of each of the following components.
  - a) Water
  - b) Air
  - c) Soil

#### Lesson 58

#### INTERDEPENDENCE

- What is interdependence?
- How animals and plants depend on each other.
  - a) Plants to animals
  - b) Animals to plants
  - c) Animals to animals

## **Evaluation activity**

- 1. What is interdependence?
- 2. State two ways in which the following depend on each other.
  - a) Animals to plants
  - b) Plants to animals
  - c) Animals to animals
  - d) Plants to plants

#### Lesson 59

#### SAMPLE TOPICAL QUESTIONS

- 1. What do you understand by the term environment?
- 2. State any two components of the environment.
- 3. How can you tell that there is air around you?
- 4. Give two uses of soil.

- 5. What do you understand by the following terms?
  - a) Predator
  - b) Prey
  - c) Parasite
- 6. What is interdependence?
- 7. Define (i) Food chain (ii) Food web
- 8. Give two importance of each of the following.
  - a) Water
  - b) Air
- 9. State one natural source of water.
- 10. Why do plants climb other plants?
- 11. How do animals depend on plants?
- 12. Give three ways in which plants depend on animals.
- 13. Name the type of manure got from animals.
- 14. Name any animals which live in:
  - a) Soil
  - b) Water
- 15. Why do bees visit flowers?
- 16. Why do people put manure in their gardens?
- 17. Name any two conditions plants need to make their own food.
- 18. Define the term photosynthesis.