



Dr. Bbosa Science

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Simple harmonic motion

It is a special type of periodic motion in which the acceleration of the body along the path of the body is directed towards a fixed point in the line of motion and is proportional to the displacement of the body from a fixed point

Characteristics of a body describing simple harmonic motion

- Motion is periodic
- Acceleration of the body is towards a fixed point
- Acceleration of the body is directly proportional to the distance from the fixed point
- Mechanical energy is conserved

Equation of simple harmonic motion

Acceleration, $a = -\omega^2 x$

Where ω is angular velocity, x , is displacement from fixed point

$$\text{Or } a = \frac{\delta^2 x}{\delta t^2} = -\omega^2 x$$

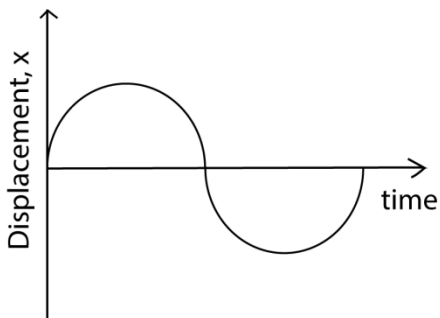
The solution of above differential equation is

$$x = A \cos \omega t \text{ or } x = A \sin \omega t$$

where A is the maximum displacement of the body from the rest position the called **Amplitude**

x is the displacement of the body at any time t .

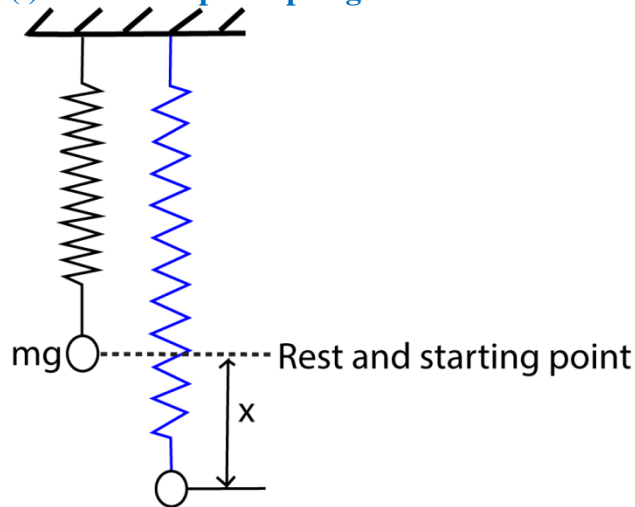
For $x = A \sin \omega t$, the curve is given below



In general $x = A \sin(\omega t + \Phi)$ where Φ is the phase angle

Examples of simple harmonic motion

(i) Vertical spiral spring or Elastic thread



Consider a body of mass, m suspended from a spiral spring of force constant, k , as shown in the diagram above.

In that case the body will be in equilibrium

At equilibrium, $T = mg$

But $T = ke$ (From Hooke's law)

Where e is the extension in the spring at equilibrium and k is the force constant of the spring.

Hence $ke = mg$ (i)

When the mass is pulled through a distance x , then released, the resultant upward force on the mass is

$$F = T' - mg$$

$$\text{But } T' = k(e + x)$$

$$F = k(e + x) - mg$$

$$\text{From (i) } ke = mg$$

$$F = k(e + x) - ke$$

$$F = kx$$

From Newton's 2nd law, $ma = F$

$$ma = -kx$$

$$a = -\left(\frac{k}{m}\right)x$$

The above equation is in the form $a = -\omega^2x$ where $\omega^2 = \left(\frac{k}{m}\right)$

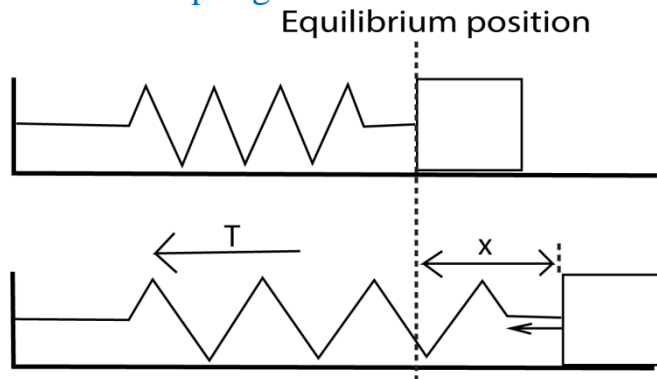
$$\omega = \sqrt{\frac{k}{m}}$$

$$T = \frac{2\pi}{\omega}$$

$$T = 2\pi \sqrt{\frac{m}{k}}$$

$$\text{Frequency, } f = \frac{1}{T} = \frac{1}{2\pi} \sqrt{\frac{k}{m}}$$

(ii) Horizontal spring



When a spring is stretched by a distance, x .

The resultant force = $0 - T$

Since at equilibrium there is no force.

$$ma = 0 - \frac{kx}{m}$$

$$a = -\frac{kx}{m}$$

from $a = -\omega^2 x$

$$\text{then, } \omega^2 = \left(\frac{k}{m}\right)$$

$$\omega = \sqrt{\frac{k}{m}}$$

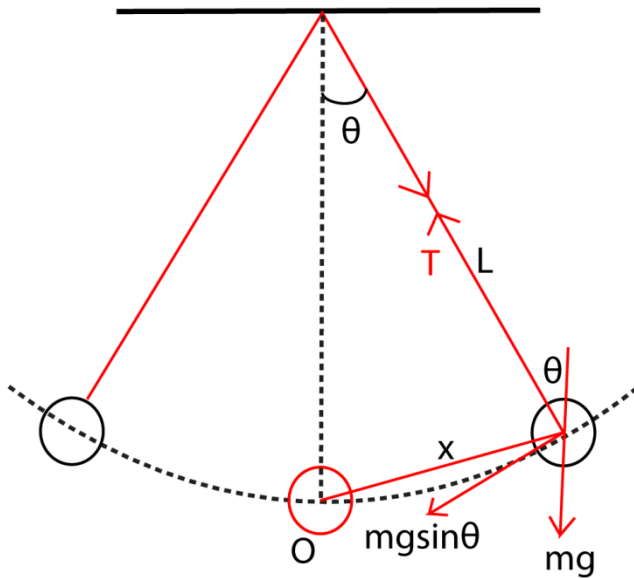
$$T = \frac{2\pi}{\omega}$$

$$T = 2\pi \sqrt{\frac{m}{k}}$$

$$\text{Frequency, } f = \frac{1}{T} = \frac{1}{2\pi} \sqrt{\frac{k}{m}}$$

(iii) Simple pendulum

Suppose a body of mass, m , attached to a string is displaced through a small angle θ and then released. The resultant force on the body towards O is $mg\sin\theta$.



By Newton's 2nd law

$$ma = -mgsin\theta$$

$$a = -gsin\theta$$

If θ is small and measured in radians $\theta \approx \sin \theta = \frac{x}{L}$

$$a = g\frac{x}{L}$$

But $a = -\omega^2 x$

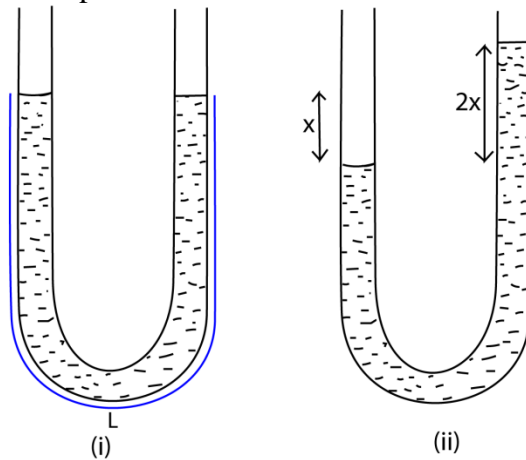
$$\omega = \sqrt{\frac{L}{g}}$$

$$T = \frac{2\pi}{\omega}$$

$$T = 2\pi\sqrt{\frac{L}{g}}$$

$$\text{Frequency, } f = \frac{1}{T} = \frac{1}{2\pi}\sqrt{\frac{g}{L}}$$

(iv) U-shaped tubes



A liquid of density ρ contained in a U-tube of cross section area A and column L , if the liquid is displaced slightly through a distance x from equilibrium position

The restoring force of the liquid = $2xA\rho g$

Using Newton's 2nd law,

$$ma = -2xA\rho g$$

$$a = -\frac{2xA\rho g}{m} \text{ but, } m = AL\rho$$

$$a = -\frac{2xg}{L}$$

But $a = -\omega^2 x$

$$\omega = \sqrt{\frac{2g}{L}}$$

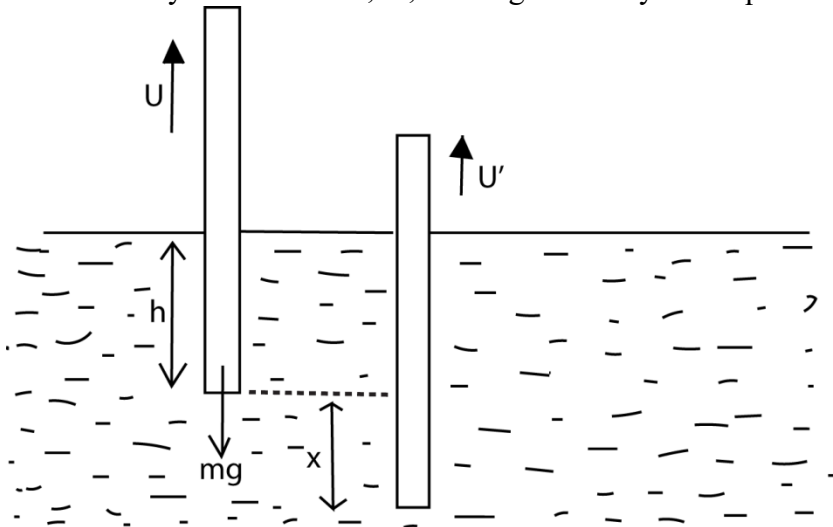
$$T = \frac{2\pi}{\omega}$$

$$T = 2\pi \sqrt{\frac{L}{2g}}$$

$$\text{Frequency, } f = \frac{1}{T} = \frac{1}{2\pi} \sqrt{\frac{2g}{L}}$$

(vi) A floating cylinder

Consider a cylinder of mass, m , floating vertically in a liquid of density, ρ , to a depth, L



At equilibrium position, the body sinks to a height, h , below the liquid surface

Up thrust = weight of the body

$$\text{But } U = Ah\rho g$$

$$mg = Ah\rho g \dots\dots\dots(i)$$

A is the cross section area of a cylinder

When a body is displaced through a distance, x , and released,

$$\text{Up thrust} = (h + x) A\rho g$$

$$\text{Resultant force} = mg - (h + x) A\rho g$$

$$\text{But, } m = Ah\rho$$

$$AL\rho a = Ah\rho g - Ah\rho g - A\rho gx$$

$$a = \frac{-A\rho g x}{Ah\rho} = \frac{-gx}{h}$$

$$\text{But } a = -\omega^2 x$$

$$\omega = \sqrt{\frac{g}{h}}$$

$$T = \frac{2\pi}{\omega}$$

$$T = 2\pi \sqrt{\frac{h}{g}}$$

$$\text{Frequency, } f = \frac{1}{T} = \frac{1}{2\pi} \sqrt{\frac{g}{h}}$$

Velocity of a body executing simple harmonic motion

The displacement of the body executing simple harmonic motion is given by

$$x = A \sin(\omega t + \Phi)$$

$$\text{Velocity, } v = \frac{dx}{dt} = A\omega \cos(\omega t + \Phi)$$

$$\sin(\omega t + \Phi) = \frac{x}{A}$$

$$\cos(\omega t + \Phi) = \frac{\sqrt{(A^2 - x^2)}}{A}$$

$$v = A\omega \frac{\sqrt{(A^2 - x^2)}}{A} = \omega \sqrt{(A^2 - x^2)}$$

When $x = 0$, v is maximum

$$V_{\max} = \omega A$$

When $x = A$, $v = 0$

Kinetic energy and potential energy of vibrating object

$$\begin{aligned} \text{K.E} &= \frac{1}{2} m v^2 = \frac{1}{2} \left(\omega \sqrt{(A^2 - x^2)} \right)^2 \\ &= \frac{1}{2} m \omega^2 (A^2 - x^2) \end{aligned}$$

For a spring force constant, k ; $\omega^2 = \frac{k}{m}$

$$= \frac{1}{2} k (A^2 - x^2)$$

Potential energy, P.E

Work done against restoring force is potential energy

$$F = m\omega^2 r$$

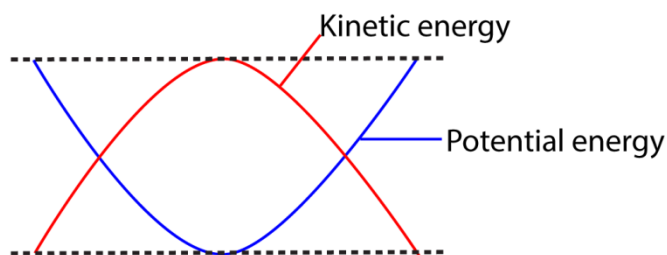
$$\text{Potential energy} = \int_0^x F dr = \int_0^x m\omega^2 r dr = \frac{1}{2} m\omega^2 x^2$$

For vibrating spring, potential energy = $\frac{1}{2} k x^2$

Total mechanical energy = kinetic energy + Potential energy

$$\begin{aligned} &= \frac{1}{2} m \omega^2 (A^2 - x^2) + \frac{1}{2} m \omega^2 x^2 \\ &= \frac{1}{2} m \omega^2 A^2 \end{aligned}$$

Variation of kinetic and potential energy in S.H.M



Example 1

A light spiral spring is loaded with a mass of 50g and it extends by 10cm. Calculate the period of small vertical oscillations.

Using $T = 2\pi \sqrt{\frac{m}{K}}$, but $mg = ke$

$$k = \frac{mg}{e} = \frac{0.05 \times 9.81}{0.1} = 4.9 \text{ Nm}^{-1}$$

$$T = 2\pi \sqrt{\frac{0.05}{4.9}} = 0.635 \text{ s}$$

Example 2

A body of mass 0.1kg hangs from a long spiral spring. When pulled down 10cm below its equilibrium point, A and released, it performs simple harmonic motion with a period 2s

- What is the velocity as it passes through A?
- What is its acceleration when it is 5cm above A.

Solution

$$(a) v = \omega A, \text{ where } A = 0.1 \text{ m}, \omega = \frac{2\pi}{T}, \text{ but } T = 2 \text{ s}$$

$$\omega = \frac{2\pi}{2} = \pi \text{ rads}^{-1}$$

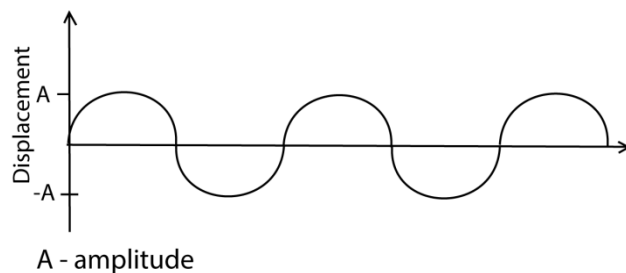
$$v = \pi \times 0.1 = 0.314 \text{ m/s}$$

$$(b) a = -\omega^2 x = \pi^2 \times 0.05 = 0.5 \text{ ms}^{-2}$$

Types of oscillations

(i) Free oscillations

Free oscillations occur in absence of any dissipative force like air resistance, friction and viscous drag. The Amplitude and total mechanical energy remain constant and the system oscillates indefinitely with a period T (the natural period of vibration of the system)

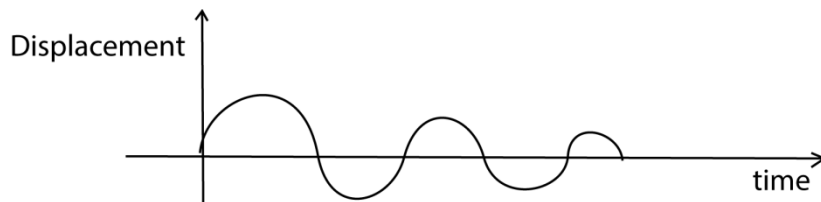


e.g. a simple pendulum will undergo free oscillation in a vacuum

(ii) Damped oscillations

These are oscillation where the system loses energy to the surrounding due to the dissipative forces. The amplitude reduces with time and can be grouped into under damped, critically damped and over damped oscillation.

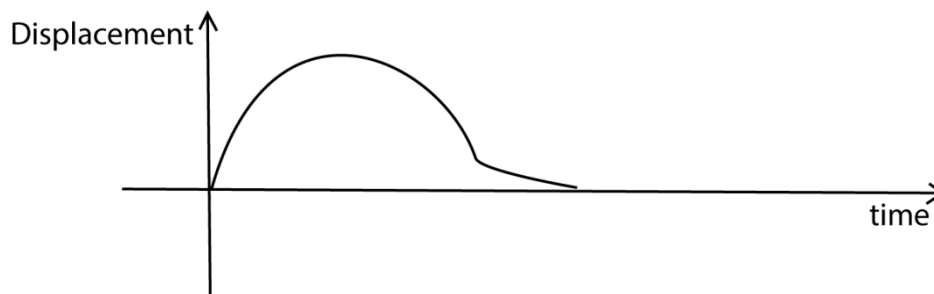
- Under-damped oscillation



The system oscillates but gradually dies out due to the dissipative forces. The amplitude of oscillation decreases with time. Examples are a simple pendulum in air, horizontal spring moving over a surface of little roughness.

- Critically damped oscillation

The system does not oscillate when displaced, but returns to equilibrium position in the minimum possible time.



Example: a horizontal spring moving over a very rough surface, a metal cylinder attached to a vertical spring and made to move in a very viscous liquid.

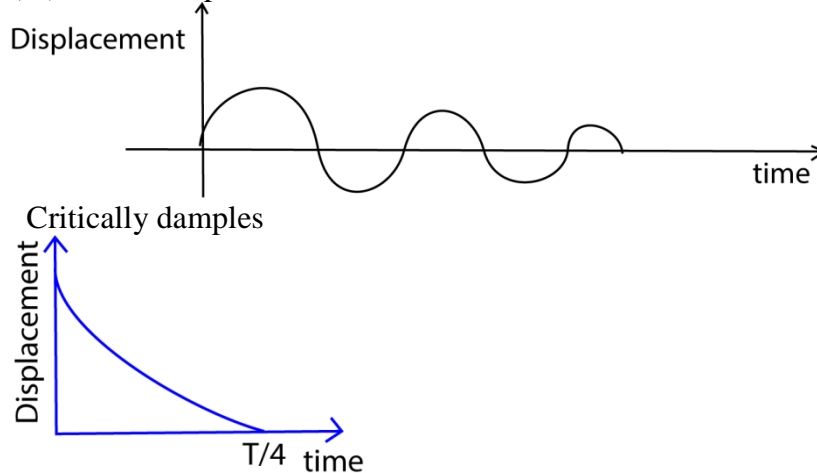
Example 4

- (a) (i) What is meant by simple harmonic motion
- (ii) state two practical examples of simple harmonic motion
- (iii) using two graphical illustrations, distinguish between under damped oscillation
- (b) (i) Describe an experiment to measure acceleration due to gravity using a spiral spring.
- (ii) State two limitations to accuracy of the value in (b)(i).
- (c) A horizontal spring of force constant 200Nm^{-2} fixed at one end has a mass of 2kg attached to the free end and resting on a smooth horizontal surface. The mass is pulled through a distance of 4.0cm and released. Calculate
 - (i) Angular speed
 - (ii) Maximum velocity attained by the vibrating body
 - (iii) Acceleration when the body is half way towards the center of initial position.

Solution

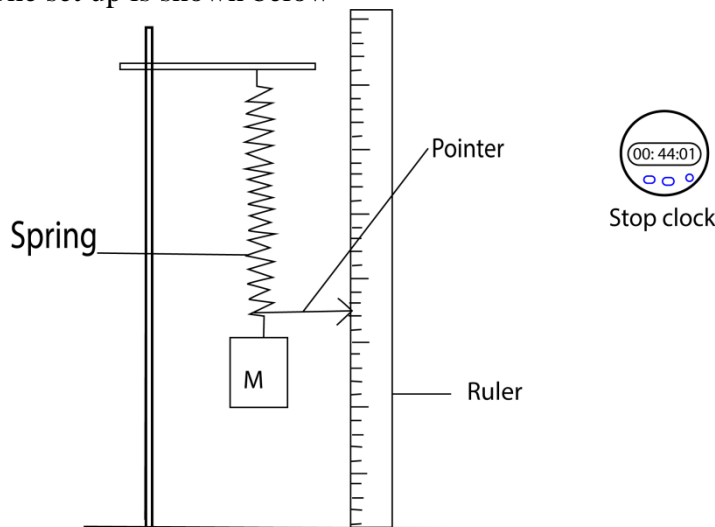
- (a) (i) It is a special type of periodic motion in which the acceleration of the body along the path of the body is directed towards a fixed point in the line of motion and is proportional to the displacement of the body from a fixed point

- (ii) – motor vehicle inspection spring
 - Atom vibrating in a crystal
- (iii) under damped



If a system is under damped, the amplitude of oscillation decrease with time due to energy loss in doing work against the dissipative forces; whereas for critically damped oscillation the time taken for the displacement to be zero is minimum and it is equal to $\frac{1}{4}$ of the periodic time, T.

- (b) (i) Known mass, mass hanger, meter rule, pointer, retort stand and stop clock.
The set up is shown below



- a. A mass M is loaded the spring and extension x is recorded.
 - b. The mass is given a slight displacement, time for twenty oscillations, t, is noted.
 - c. Period of the oscillation, T, and T^2 are calculated.
 - d. The procedures a. to d. for several masses are repeated.
 - e. A graph of T^2 against x is plotted as a slope of the graph, s, is calculated.
 - f. The slope, $s = \frac{4\pi^2}{g}$, $g = \frac{4\pi^2}{s}$
- (c) (i) $\omega = \sqrt{\frac{k}{m}} = \sqrt{\frac{200}{2}} = 10\text{rads}^{-1}$

- (ii) $v_{\text{max}} = \omega r$
but $r = 4.0\text{cm} = 4 \times 10^{-2} \text{ m}$
 $v_{\text{max}} = 10 \times 4 \times 10^{-2}$

$$= 0.4\text{ms}^{-1}$$

(iii) Since $a = -\omega^2 x$
 $x = 2\text{cm} = 2 \times 10^{-2}\text{m}$
 $a = -10^2 \times 2 \times 10^{-2}$
 $a = 2\text{ms}^{-2}$

Example 5

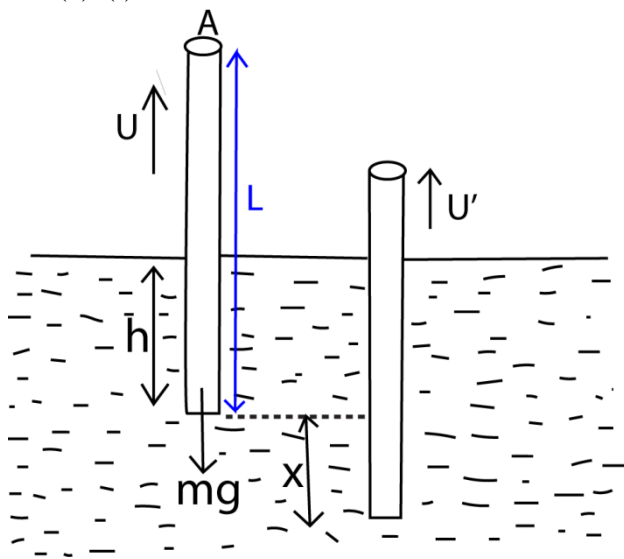
- (a)(i) What is meant by a simple harmonic motion?
(ii) Distinguish between damped and forced oscillation.
(b) A cylinder of length, l , cross section area A and density, σ , floats in a liquid of density, ρ . The cylinder is pushed down slightly and released.
(i) Show that it performs simple harmonic motion
(ii) Derive the expression for the period of oscillation
(c) A spring of force constant 40Nm^{-2} is suspended vertically, A mass 0.1kg suspended from the spring is pulled downward a distance of 5mm and released. Find the
(i) Period of oscillation
(ii) Maximum acceleration of the mass
(iii) Net force acting on the mass when it is 2mm below the center of oscillation.

Solution

- (a)(i) It is a special type of periodic motion in which the acceleration of the body along the path of the body is directed towards a fixed point in the line of motion and is proportional to the displacement of the body from a fixed point.
(ii) Damped oscillation are oscillation in which the amplitude of oscillation decreases due to the presence of dissipative forces like friction.

Forced oscillation is those where external force only is required to keep the system in perpetual oscillation.

(c) (i)



At equilibrium position, the body sinks to

a height, h , below the liquid surface

Up thrust = weight of the body

But $U = Ah\rho g$

$mg = Ah\rho g \dots\dots\dots(i)$

A is the cross section area of a cylinder

When a body is displaced through a distance, x , and released,

Up thrust = $(h + x) A\rho g$

$$\text{Resultant force} = mg - (h + x) A\rho g$$

$$\text{But, } m = Ah\sigma$$

$$AL\sigma a = AL\rho g - Ah\rho g - A\rho gx$$

$$a = \frac{-A\rho gx}{AL\sigma} = \frac{-g\rho x}{L\sigma}$$

$$\text{But } a = -\omega^2 x$$

$$\omega = \sqrt{\frac{\rho g}{L\sigma}} \text{ thus S.H.M is executed}$$

$$\text{(ii) } T = \frac{2\pi}{\omega}$$

$$T = 2\pi \sqrt{\frac{L\sigma}{\rho g}}$$

(c) (i) the acceleration of the spring –mass system is given by

$$a = -\left(\frac{k}{m}\right)x$$

$$\text{From } a = -\omega^2 x$$

$$\omega = \sqrt{\frac{k}{m}}$$

$$\text{But } T = \frac{2\pi}{\omega} = 2\pi \sqrt{\frac{m}{k}}$$

$$= 2\pi \sqrt{\frac{0.1}{40}} = 0.314\text{s}$$

(ii) $a_{\max} = -\left(\frac{k}{m}\right)r$ where, r = is the amplitude of oscillation

$$= \frac{40}{0.1} \times 5 \times 10^{-3} \text{ } 2\text{ms}^{-2}$$

$$\text{(iii) } F = ma \text{ but } a = -\omega^2 x$$

$$F = m\omega^2 x$$

$$= \frac{0.1 \times 40}{0.1} \times 2 \times 10^{-3}$$

$$= 0.08\text{N}$$

Example 6

(a) What is meant by simple harmonic motion?

(b) A cylindrical vessel of cross section, a , contains air of volume, V , at pressure P , trapped by frictionless air tight position of mass, M , the position is pushed down and released.

(i) If the position oscillates with simple harmonic motion, show that the frequency is given by

$$F = \frac{A}{2\pi} \sqrt{\frac{P}{MV}}$$

(ii) Show that the expression in (b)(i) is dimensionally correct.

(c) A particle executing simple harmonic motion vibrated in a straight line. Given that the speed of the particle is 4ms^{-1} and 2ms^{-1} when the particle is at 3cm and 6cm respectively from equilibrium, calculate

(i) Amplitude of oscillation

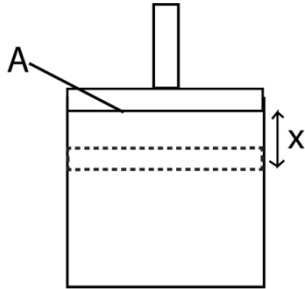
(ii) Frequency of the particle.

(d) Give two examples of oscillating motion which approximate to simple harmonic motion and state the assumptions made in each case.

Solution

(a) It is a special type of periodic motion in which the acceleration of the body along the path of the body is directed towards a fixed point in the line of motion and is proportional to the displacement of the body from a fixed point.

(b)



At equilibrium, force = PA

$$PA = Mg \dots\dots\dots (i)$$

Suppose it is pushed through a small distance x and pressure changes to P'

$$\text{Restoring force, } F = P'A - Mg \dots\dots\dots (ii)$$

Using Eqn. (i) and Eqn. (ii)

$$\text{Hence } Ma = (P'A - PA) \dots\dots\dots (iii)$$

From Boyle's Law, $P_1V_1 = P_2V_2$

$$P'(V - Ax) = PV$$

$$P' = \frac{PV}{V - Ax}$$

Putting Eqn. (ii) into (i)

$$\begin{aligned} Ma &= -PA \left(\frac{V}{V - Ax} - 1 \right) = -PA \times \frac{Ax}{V - Ax} \\ &= - \frac{PA^2x}{V - Ax} \end{aligned}$$

But for very small displacement, $Ax \ll V$

$$\Rightarrow Ma = - \frac{PA^2x}{V}$$

$$\Rightarrow a = - \frac{PA^2x}{MV}$$

$$\text{but } a = -\omega^2x$$

$$\omega = \sqrt{\frac{PA^2}{MV}} = A \sqrt{\frac{P}{MV}}$$

$$\text{Frequency, } F = \frac{A}{2\pi} \sqrt{\frac{P}{MV}}$$

$$(ii) \quad \text{LHS} = T^{-1}$$

$$\text{RHS} = \frac{[A][P]^{\frac{1}{2}}}{(M)^{\frac{1}{2}}(V)^{\frac{1}{2}}} = \frac{L^2x (ML^{-1}T^{-2})^{\frac{1}{2}}}{M^{\frac{1}{2}}(L^3)^{\frac{1}{2}}} = T^{-1}$$

Since LHS = RHS, the expression is dimensionally consistent.

(c)(i) from $v^2 = \omega^2(r^2 - x^2)$

$$4^2 = \omega^2 (r^2 - 0.03^2)$$

$$16 = \omega^2 (r^2 - 0.0009) \dots\dots\dots (i)$$

$$\text{Also } 4 = \omega^2 (r^2 - 0.06^2)$$

$$= \omega^2 (r^2 - 0.0036) \dots\dots\dots (ii)$$

Eqn. (i) \div Eqn. (ii)

$$\frac{16}{4} = \frac{\omega^2 (r^2 - 0.0009)}{\omega^2 (r^2 - 0.0036)}$$

$$r = \sqrt{\frac{[(4 \times 0.0036) - 0.0009]}{3}} = 6.7 \times 10^{-2} \text{m}$$

Amplitude of oscillation = $6.7 \times 10^{-2} \text{m}$

(ii) Putting $r = 6.7 \times 10^{-2} \text{m}$ into (i)

$$\omega = \sqrt{\frac{4}{0.067^2 - 0.0036}} = 67.08 \text{rad s}^{-1}$$

But $\omega = 2\pi f$

$$f = \frac{\omega}{2\pi} = \frac{67.08}{2\pi} = 10.676 \text{Hz}$$

(d) (i) The oscillation of a simple pendulum when the angle of displacement is very small and air resistance is negligible.

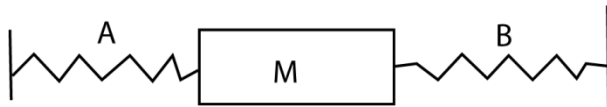
(ii) The mass oscillating at the end of spiral spring when the displacement from equilibrium position is very small and dissipative force is negligible.

Example 7

(a)(i) Define simple harmonic motion.

(ii) A particle of mass m executes simple harmonic between two points A and B about equilibrium position O. Sketch a graph of the restoring force acting on a particle as a function of distance, r , moved by the particle.

(b)



Two springs A and B of spring constant K_a and K_b respectively are connected to a mass as shown in the figure above. The surface of which the masses slide is frictionless.

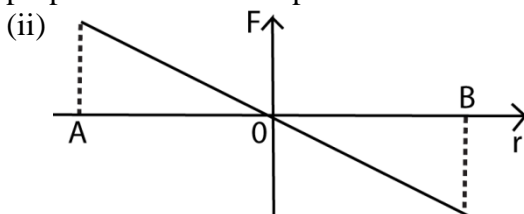
(i) Show that the mass is displaced slightly. It oscillates with simple harmonic motion of

frequency, f , given by $f = \frac{1}{2\pi} \sqrt{\frac{K_a + K_b}{m}}$

(ii) If the two springs are identical such that that $K_a = K_b = 5.0 \text{Nm}^{-1}$ and mass, $m = 5.0 \text{g}$. Calculate the period of the oscillation.

Solution

(a) (i) It is a special type of periodic motion in which the acceleration of the body along the path of the body is directed towards a fixed point in the line of motion and is proportional to the displacement of the body from a fixed point.



(b)(i) Suppose the body is displaced through a small distance x towards B

$$\text{Resultant force, } F = K_a x + K_b x$$

$$m a = K_a x + K_b x$$

$$a = - \frac{K_a x + K_b x}{m}$$

$$\text{From } a = - \omega^2 x$$

$$\omega = \sqrt{\frac{(K_a + K_b)}{m}}$$

since $\omega = 2\pi f$, $f = \frac{\omega}{2\pi} = \frac{1}{2\pi} \sqrt{\frac{(K_a + K_b)}{m}}$

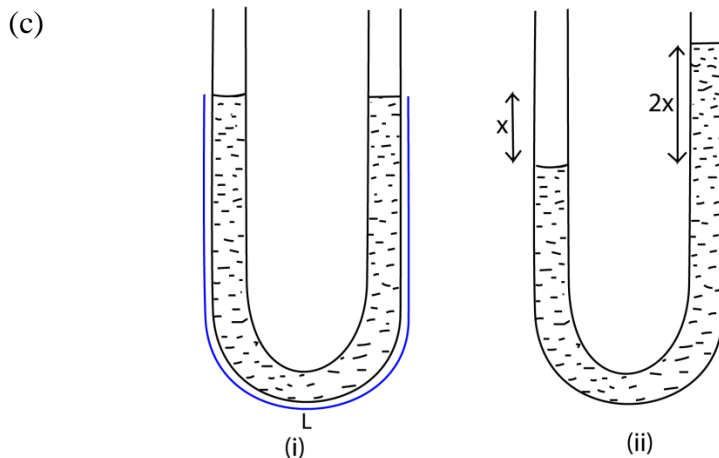
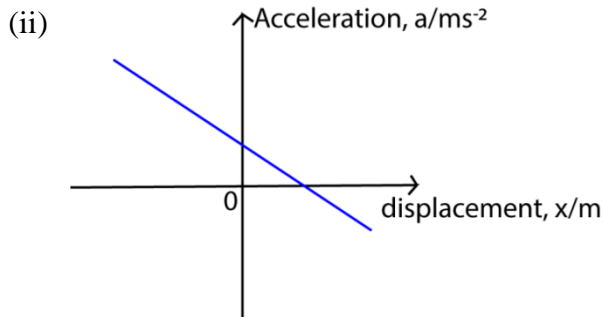
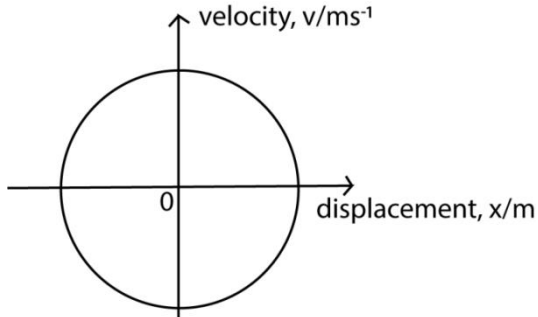
(ii) $T = \frac{1}{f} = 2\pi \sqrt{\frac{m}{K_a + K_b}} = 2\pi \sqrt{\frac{50 \times 10^{-3}}{5+5}} = 0.444\text{s}$

Example 8

- (a) Define simple harmonic motion.
- (b) Sketch a graph of
 - (i) Velocity against displacement
 - (ii) Acceleration against displacement for a body executing S. H.M.
- (c) A glass U- tube containing a liquid is tilted slightly and then released
 - (i) Show that the liquid oscillated with S.H.M.
 - (ii) Explain why oscillations ultimately come to rest.

Solution

(b)(i) From $v = \pm \sqrt{r^2 - x^2}$



A liquid of density ρ contained in a U-tube of cross section area A and column L , if the

liquid is displaced slightly through a distance x from equilibrium position

The restoring force of the liquid = $2xA\rho g$

Using Newton's 2nd law,

$$ma = -2xA\rho g$$

$$a = -\frac{2xA\rho g}{m} \quad \text{but, } m = AL\rho$$

$$a = -\frac{2xg}{L}$$

Comparing $a = -\omega^2 x$

$$\omega = \sqrt{\frac{2g}{L}}, \text{ thus it executes S.H.M}$$

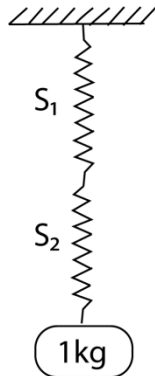
(ii) the oscillation eventually come to rest because energy is lost due to dissipative forces.

Example 8

(a)(i) What is meant by simple harmonic motion?

(ii) Show with a suitable sketch graph how the kinetic energy of a mass attached to end of oscillating mass changes with distance from the equilibrium position.

(b) A mass of 1kg hangs from two springs S1 and S2 are connected in series as shown below. The force constant of the springs are 100N/m and 200N/m respectively.



Find (i) the extension produced in the combination

(ii) the frequency of oscillation of the mass if it is pulled down a small distance and released.

(c) Explain with the aid of a sketch graph what would happen to the oscillations in (b)(ii) as the mass was immersed in a liquid such as water.

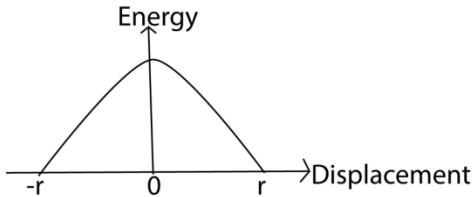
Solution

(a) (i) It is a special type of periodic motion in which the acceleration of the body along the path of the body is directed towards a fixed point in the line of motion and is proportional to the displacement of the body from a fixed point.

$$(ii) \text{ K.E} = \frac{1}{2}mv^2$$

$$\text{But } v^2 = \omega^2(r^2 - x^2)$$

$$\text{K.E} = \frac{1}{2}m\omega^2(r^2 - x^2)$$



(b)(i) Considering spring S1

From Hooke's law

$$mg = k_1x_1$$

$$1 \times 9.81 = 100x_1$$

$$x_1 = 9.81 \times 10^{-2}\text{m}$$

Similarly for spring S2

$$mg = k_1x_1$$

$$1 \times 9.81 = 200x_1$$

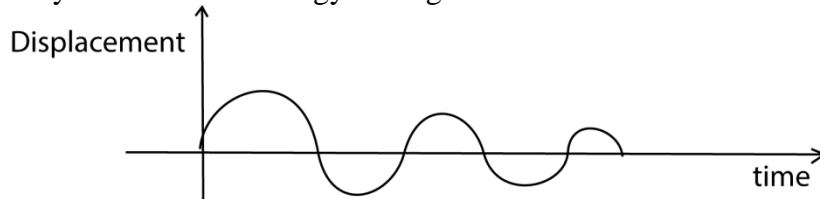
$$x_1 = 4.905 \times 10^{-2}\text{m}$$

$$\begin{aligned} \text{Total extension} &= x_1 + x_2 = (9.81 + 4.905) \times 10^{-2}\text{m} \\ &= 1.4715 \times 10^{-1}\text{m} \end{aligned}$$

$$(ii) \quad T = 2\pi \sqrt{\frac{e}{g}} = 2\pi \sqrt{\frac{0.14715}{9.81}} = 0.77\text{s}$$

$$f = \frac{1}{T} = \frac{1}{0.77} = 1.3\text{Hz}$$

(b) If the mass is immersed in water, the amplitude decreases until the oscillations die away due to loss of energy arising from friction.



Example 9

- (a) A mass of 0.1kg is suspended from a light spring of force constant 24.5Nm⁻¹. Calculate the potential energy of the mass.
- (b) (i) State four characteristics of simple harmonic motion.
(ii) Show that the speed of a body moving with simple harmonic motion of angular velocity, ω is given by $v = \pm\omega(a^2 - x^2)^{\frac{1}{2}}$ where, a, is the amplitude, and x, is the displacement from equilibrium position.
(iii) Sketch graphs to show the variation with displacement of kinetic and potential energies if a body moving with simple harmonic motion.
- (c) A mass of 0.1kg suspended from a spring of force constant 24.5Nm⁻¹ is pulled vertically downwards through a distance of 5.0cm and released. Find the
(i) Period of oscillation
(ii) Position of the mass 0.3 seconds after release.

Solution

Elastic potential energy

$$P.E = \frac{1}{2}kx^2 \dots\dots\dots (i)$$

$$mg = kx$$

$$x = \frac{mg}{k}$$

$$\text{Elastic potential energy} = \frac{(mg)^2}{2k} = \frac{(0.1 \times 9.81)^2}{2 \times 24.5} = 0.02\text{J}$$

- (b)(i) The acceleration is directed towards a fixed point in a motion line
 The acceleration is directly proportional to the displacement from a fixed point
 It is periodic
 Total mechanical energy is preserved.

(ii) $a = \frac{dv}{dt} = \frac{dv}{dx} \times \frac{dx}{dt} = v \frac{dv}{dx}$

$$v \frac{dv}{dx} = -\omega^2 x$$

$$\int v dv = -\int \omega^2 x dx$$

$$\frac{v^2}{2} = -\frac{\omega^2 x^2}{2} + C$$

At $x = A$ (amplitude), $v = 0$

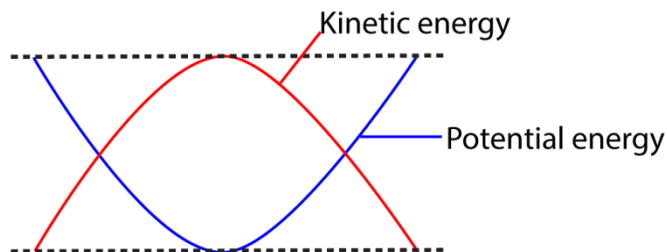
$$C = \frac{\omega^2 A^2}{2}$$

$$\Rightarrow \frac{v^2}{2} = -\frac{\omega^2 x^2}{2} + \frac{\omega^2 A^2}{2}$$

$$v^2 = \omega^2 (A^2 - x^2)$$

$$v = \pm \omega (A^2 - x^2)^{\frac{1}{2}}$$

- (iii)
 Variation of kinetic and potential energy in S.H.M



(c)(i) From $T = 2\pi \sqrt{\frac{m}{k}}$
 $T = 2\pi \sqrt{\frac{0.1}{24.5}} = 0.401 \text{ s}$

(ii) $x = A \sin(\omega t + \theta)$

At $t = 0$

$$-5 \times 10^{-2} = 5 \times 10^{-2} \sin \theta$$

$$\theta = \sin^{-1}(-1) = \frac{\pi}{2} \text{ radians}$$

At $t = 0.3 \text{ s}$

$$x = 5 \times 10^{-2} \sin(0.3\omega - \frac{\pi}{2})$$

But $\omega = \frac{2\pi}{T} = \frac{2\pi}{0.401} = 15.7 \text{ rads}^{-1}$

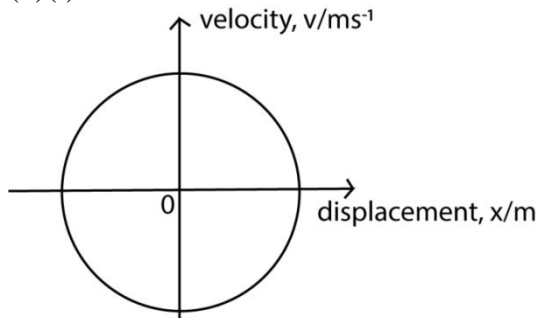
$$x = 5 \times 10^{-2} \sin(0.3 \times 15.7 - \frac{2\pi}{2}) = 1.19 \times 10^{-4} \text{ m}$$

Example 9

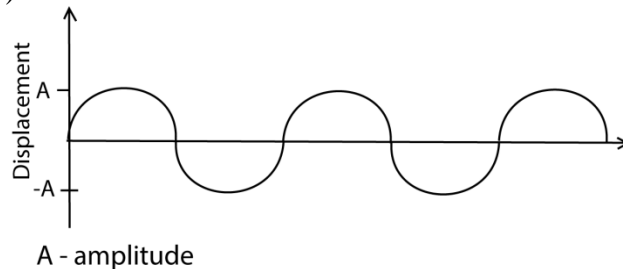
- (a) Define simple harmonic motion.
- (b) Sketch the following graphs for a body performing simple harmonic motion
- Velocity against displacement
 - Displacement against time
- (c) The period of oscillation of a conical pendulum is 2.0s. If the string makes an angle 60° to the vertical at the point of suspension, calculate the
- Vertical length at the point of suspension above the circle.
 - Length of the string
 - Velocity of the mass attached to the string
- (d) (i) Give an example of oscillating motion
(ii) What approximation is made in (b)(i)

Solution

(b)(i)



(ii)



- (d)(i) simple pendulum
Liquid oscillating in a U-tube
Mass oscillating at the end of helical spring
- (ii) the effect of dissipative force is negligible.