

CONFLICTING LOYALTIES IN THE PRESENT SITUATION

(i) CONFLICTING LOYALTIES AMONG STUDENTS

- Studying or accompanying friend on an entertainment such as discos, music shows. Opting to study in that case makes one lose friends while accompanying the friends will cause one to fail in academics.
- Obeying school rules or disobeying friends who might want to smoke. Keeping the Christian values like purity or follow friends with girl friends who might want to smoke.
- Keeping the Christian values like purity or follow friends with girl friends to fornicate.
- Obeying parents or obeying peer group's decisions, for example going for night clubbing against the will of the parents.
- Cheating exams to pass or being honest to God and fail exams.
- Obeying teachers or peer group so that you praised
- Being loyal to parents or disobey teachers and get suspended, for example having long hair at the interest of the parents and yet against the will of teachers.
- Being loyal to traditional culture or embrace western culture, for example speaking English in favour of a local language.
- Staying at school or escaping from school due to peer influence.
- Reading books or attending a conversation with friends during preps.
- Paying school fees when given by parents or to keep it for pocket money or spend with friends.
- Carrying out abortion or missing school.
- Going to church on Sunday or go and watch a soccer match because your best team is playing, for example Arsenal Vs MANU.
- Kneeling down to respect teachers or refuse because the girl friend is seeing you.
- Accepting circumcision as a culture or refuse because the peer group will laugh at you.

(ii) CONFLICTING LOYALTIES AMONG CHRISTIANS

- Remaining poor or steal to get rich against the commandment which says "do not steal".
- Accepting suffering to go heaven or deny and go to hell. Sharing material things or being selfish.
- Giving tithe or keeping money to meet your personal needs. Follow the gospel teaching on behavior change or follow the advice from ungodly friends.
- Forgive those who have wronged you or revenge.
- Change from cultural rigidities or embrace them, for example female genital mutilation among the Serbins and Pokot people.
- Embrace permissiveness or emulate the life of Jesus.
- Listen to Christian music or worldly music. Going for choir practice or attend a disco dance.
- Living a moral life or immoral like fornication, adultery. Confessing Jesus publically or being a secret believer.
- Having self-control or being controlled by human nature, for example lust, jealousy.
- Having a monogamous as an ideal marriage for Christians or polygamist as required by African traditional.

- Divorcing or having a permanent marriage as demanded by Jesus.
- Holding food taboos against women or treat them equally against African tradition. Working Sunday to make enough money or going for service and miss money.

WAYS IN WHICH THE GOSPEL CAN BE USEFUL IN SOLVING CONFLICTING TODAY

- Christians should believe that Jesus is the only sacrificial Lamb of God therefore no human sacrifice can be equated to him hence they should rely on Jesus alone for success.
- Christians should observe monogamous marriage because I is God's plan for marriage.
- Christians should observe equality between man and woman because they were all created in the image of God.
- Christians should receive Children with thanks giving because they are a blessing from God therefore terminating the life of a child is a sin for God.
- Christians should observe the commandment of love because it is because of love that God began a relationship with them through Jesus Christ.
- Christians should do the will of God because it pleases God and brings glory to him. They should endure suffering because it is for a while and after enduring they triumph in glory.
- They should be faithful to God and one another in order to solve the problem of conflicting loyalty.
- They should forgive each other just Jesus did to his enemies.
- Christians should pray to God to change their hearts and make them better persons.
- They should respect each other so as to live in harmony. They should recognize God first in every situation as demanded by the Bible "seek you first God's Kingdom and all these things shall be added to you."

LOYALTY IN AFRICAN TRADITIONAL SOCIETY.

- Loyalty in African Traditional Society meant being obedient to one's tribe or society, for example defending one's tribe during wars.
- Believing in God as the creator of the universe and the earth and everything in it, for example 'JOK AMALU' was the greatest god among the Langi people.
- They paid respect to places that had religious meaning, for example big trees like the 'Mutuba, among the Baganda, river banks and shrines.
- They also paid respect to religious objects which were believed to have super natural powers, for example herbs were tied around the neck/waist, or sowed on the body like among the Alur people.
- They were also obedient to prayers. This was done after every activity. Offering sacrifices to appease their ancestral spirits so that they would be blessed, for example they offered animals, birds and plants.
- They chose to be loyal to religious leaders, for example medicine men, traditional priests, witches, rain makers.
- They were loyal to informal education whereby the elders taught them in form of proverbs and riddles.
- They were loyal to agreements such as blood pact ' Omukago' in Buganda.

- They were loyal to African traditional music, dance and drama. For example the composed songs praising their ancestors, victory of the beauty of being an African.
- They were loyal to initiation rites. 'Embalu' among the Bagisu, body tattooing among the Lugbara.

NB. Identify the **TRIBE** and mention their practice/loyalty.

DISLOYALTY IN AFRICAN TRADITIONAL SOCIETY.

- Disrespect of the Traditional god, for example ancestral spirits was regarded as disloyal in African traditional society.
- Disrespecting the ancestors, for example failure to offer libations in African Traditional society.
- Failure to observe food taboos, for example eggs, honey in African Traditional society was considered disloyalty.
- Lack of respect for parents, for example refusing to listen to their advice was considered disloyalty in African Traditional society.
- Disobedience to clan leaders, for example dodging clan meetings was regarded as disloyalty in African Traditional society.
- Disrespecting sacred places, for example walking along river banks, mountains, big trees among others which were believed to be possessing specially powers.
- Failure to offer libations to ancestral spirits, for example meat, Alcohol in African Traditional society was regarded as disloyalty.
- Staying unmarried ad adult age due to poverty to impotence and yet marriage was a responsibility of every adult member of the society.
- Failure to respect religious symbols, for example drums, spears, was considered disloyalty in African traditional society.
- Failure to observe the blood pacts (Omukago) among the Baganda was also considered disloyalty in African traditional society.

LOYALITIES IN CHURCH HISTORY.

WAYS IN WHICH APOSTLES/ EARLY CHURCH WERE LOYAL TO JESUS.

- Preaching the gospel in different places, for example in markets places, streets as a way of witnessing Christ.
- Baptizing new converts with the baptism of water and the Holy Spirit. Prayer and fasting regularly so as to be close with God. Attending fellowships/ home cells where they shared testimonies.
- Participating in the Holy Communion where they broke bread to remember Jesus' body and took wine to remember Jesus' blood and the cross that brought forgiveness of man's sins.
- Settling disputes in their midst, for example law suits against fellow Christians.
- They endured all kinds of suffering, for example persecution by the Pharisees.
- They wrote letters encouraging other Christians elsewhere to endure suffering and be strong.

- They were loyal to the Holy Spirit, for example at Antioch on the day of Pentecost.
- They were loyal to Bible studies when they could discuss Christian principles like baptism, holy matrimony and apostle's creed among others.
- They defended Christianity and Christ, for example Paul defended Christianity before the Roman government by saying that Christianity is not an anti- government movement.

THE UGANDA MARTYRS.

WAYS IN WHICH THE UGANDA MARTRYRS WERE LOYAL TO JESUS CHRIST.

- The Uganda Martyrs accepted to be baptized in the name of the Father, son and the Holy Spirit.
- The Uganda Martyrs lived by the commandments of Jesus, for example Love for God and one another.
- The Uganda Martyrs believed in monotheism, that is worshipping one true God. They accepted to be killed for the sake of the gospel.
- The Uganda Martyrs remained faithful to God and never compromised their faith even when Mwanga had mounted threats to kill them.
- The Uganda Martyrs were loyal servants of Jesus with the guidance of the Holy Spirit. They prayed and fasted in
- Order to strengthen their faith.
- The Uganda Martyrs were committed in worshipping and praising God by composing songs and hymns.
- The Uganda Martyrs spent time in Bible studies and mediate on scriptures in order to grow spiritually.
- They committed themselves in preaching the gospel to different communities as Jesus had charged them
- The Uganda Martyrs encouraged the growth of the church, for example protestant and catholic to different parts of the world.
- They provided African leadership in the church during this period. The Uganda Martyrs attracted many youths into Christianity hence they began witnessing Christ amongst their peers.
- The Uganda Martyrs took sacraments such as baptism, as a sign of loyalty to Christ.
- They abandoned African culture such as polygamy and rituals and embraced Christian culture such as monogamy.
- The Uganda Martyrs believed in the resurrection and waited patiently for the second coming of Jesus Christ.

LOYALTY IN THE OLD TESTAMENT.

WAYS IN WHICH THE ISRAELITS WERE LOYAL TO GOD.

- Accepting to be circumcised including their newly born boys on the 8th day of birth. They celebrated the Passover event annually to remember how God delivered them from the Egyptian slavery.
- They worshipped and believed in only one God, that is monotheism (God the father, son and the Holy Spirit). They lived by the Ten Commandments, for example loving and worshipping only one God.
- They observed the Sabbath day as a day of resting and kept it holy for the glory of God. They offered acceptable sacrifices to God such as lambs, doves as instructed in the book of Leviticus.
- They made pilgrimages to Holy places such as Jerusalem, Bethel and Shiloh to commemorate what God had done for them through their great ancestors.
- They repented of their sins (atonement day) and asked God to have mercy even to their next generation to come.
- They offered praise to the lord (feast of trumpet). For example King David and King Solomon composed proverbs that were used for worshipping God in Israel.
- They celebrated the year of Jubilee to remember forty years of their deliverance from Egypt.
- They respected human life by preserving life through observing the sixth commandment which says “ Do not kill”.
- The authorities ruled Israel in a good way, for example King David cared for his people.

WAYS IN WHICH GOD WAS LOYAL TO THE ISRAELITES.

- God sealed the covenant with Abraham in which he promised to bless Abraham and all his descendants. God called Moses and gave him power to liberate the Israelites from Egypt slavery.
- God showed his power to the Israelites during the Passover where he spared them and killed all the Egyptian’s first born both human beings and animals.
- God provided manna, quails and water to the Israelites on their way to Canaan. God fought and defeated the enemies of the Promised Land, for example the Assyrians and Amelekites.
- God made a covenant with the Israelites on Mt. Sinai where he promised to remain faithful on his side. His presence was ever with the Israelites, for example in form of fire, clouds, voice.
- God accepted the atonement sacrifice of the Israelites that is forgiveness of sin. God provided prophets to warn and guide the Israelites in the way he wanted to be, for example Samuel, Elijah, Elisha.
- God exposed the sinful people in their midst, for example Achan, David, Saul. God proven his power by sending fire to consume the sacrifice of Elijah on Mt. Carmel.
- He promised to send a messiah for Israel who would redeem her from all forms of oppressions.

THE ISRAELITES’ DISLOYALTIES TO GOD.

- The Israelites practiced prostitution in the house of God. For example in the temples of Shiloh and Jerusalem. These brought God judgment upon them.

- The Israelites practiced false fasting as they gave sacrifices to their gods as well. Some king committed adultery, for example King David with Bathsheba.
- Others grabbed property belonging to the people they led, for example Naboth's vineyard grabbed by King Ahab.
- The Israelites showed disrespect for sacrifices, for example Eli and Samuel's children. They also expressed impatience when they decided to make a golden calf image as god and they worshipped in the absence of Moses.
- The Israelites offered blemished sacrifice to Yahweh, for example lame, stolen animals. The Israelites exploited their workers, and for example King Solomon exploited the Israelites.
- The Israelites disobeyed god's prophets, for example King Saul disobeyed Samuel and King Ahab disobeyed Elijah.
- Some Israelites intermarried with foreign wives, for example Ahab married Jezebel a Phoenician woman, and Solomon also married foreign women.
- The Israelites demanded for an earthly king during Samuel's time and they were given King Saul.

LOYALTY IN THE NEW TESTAMENT.

WAYS IN WHICH JESUS WAS LOYAL TO GOD.

- He accepted to come to earth and carry out the father's will of saving all mankind from sin.
- He refused to test God as wished by Satan in the desert as he was fasting.
- Satan asked Him three times to before him but he refused and commanded Satan to flee.
- Jesus constantly prayed to God for guidance throughout his ministry. This enabled him to do God's will perfectly.
- He performed miracles to show God's power. For example healing the sick woman who had a issue of blood for twelve years.
- Jesus preached and taught the word of God to great multitude of people who had gathered to listen to Him.
- He showed his loyalty to God by praying and fasting for 40 days and nights in the desert. Jesus accepted baptism and was baptized by John the Baptist in the River Jordan just like any other sinner.
- He created unity amongst God's people through the introduction of the Holy Communion.
- He accepted torture and death as was God's plan so that man would be saved from the power of hell.
- Jesus obeyed and respected his parents, for example doing domestic work, doing carpentry with his father Joseph.
- He rebuked the merchants who were trading in the temple and drove them out as a way of cleansing the temple for worshipping only God.
- In inaugurated the new covenant (the Lord's Supper), that is breaking of bread and taking of wine in memory of his body and blood respectively.

WAYS IN WHICH JESUS SHOWED LOYALTY TO FELLOW MEN.

- He reconciled God and man through his death on the cross for the redemption of mankind.
- He associated with all categories of people regardless of age, sex, status and nationality in order to bridge the gap that existed between them
- Jesus loved all mankind, for example the poor, rich, tax collectors.
- He cured them of their diseases, for example fever, leprosy, severe bleeding.
- He raised the dead to life, for example Lazarus, Jairus' daughter to show His power over death. Jesus obeyed and respected his parents, for example he worked as carpenter with his father.
- He lived an exemplary life to man through equal treatment of all His followers.
- He showed his loyalty to fellow men when he went to console Mary and Martha when they had lost their brother Lazarus.
- Jesus associated and shared with all people, for example he attended wedding at Cana.
- Jesus also expressed his royalty by accepting circumcision to fulfill the traditional practice of His time.
- He washed the disciples' feet as a sign of being humble to those he had come to serve.
- He sent the Holy spirit to guide the disciples, for example the woman caught in adultery

THE MEANING THE STATEMENT, GIVE TO CEASER WHAT BELONGS TO CEASER AND TO GOD WHAT BELONGS TO GOD.

- Jesus drew their attention to the coins with the image of the Roman emperor Caesar. It remained the Christians to pay taxes because they had accepted the roman rule over them.
- He said that he is the duty of all subjects' lawful authority through observing the rules. He advised them not to blindly obey but try to understand and evaluate what they were observing.
- But when Caesars' command conflicted with the commandments of God, there was need to disobey, give God what belongs to god'.
- He advised Christians to be loyal to the commandment of love because they are meant to guide Christians. To Jesus, the loyalty the God meant loyalty to men therefore service to all mankind.
- Christians should pay taxes to the government just as they pay tithes in church in order of the lord's command.
- Christians should obey the church rules and leadership as a sign of being loyal and submissive to the church.
- Christians should pray to the needs of one another so that God can supply all their needs in time.
- Christians should in love themselves worldly affairs for the sake of Christ as a way of transforming them into a better people.
- Christians should recognize God's authority at all times in same way Caesar's authority was observed.

HAPPINESS

HAPPINESS IN THE PRESENT SITUATION

HAPPINESS refers to a state of being satisfied or contented. Whenever a person is satisfied with his/her work, health, food he/she is said to be happy. Or **Happiness** refers to a state of pleasure and joy in life for example laughing, smiling, and chatting freely with one another.

SOURCES OF HAPPINESS IN THE PRESENT SITUATION

- Happiness today is understood as having a lot of riches whereby one is able to afford most of the basic needs of life such as food, education, shelter among others.
- Happiness today is understood as success in a given task performed. For example passing of exams such as Uganda National Examinations either O' or A 'levels.
- Happiness today is understood as winning a race or sports competition. For example Kiprotich of Uganda who won in London marathon 2013 was considered as a successful man internationally.
- Happiness today is understood as having a good personal accommodation and fully furnished house.
- Happiness today is understood a good and well-paying job with good working conditions. For example good allowances, medical care.
- Happiness today is understood as having peace and security in the country free from rebel activities.
- Happiness today is understood as having faithful marriage partner characterized by love and care.
- Happiness today is understood as having a good leader who is willing to listen to people's complaints. Happiness today is understood as enjoyment of a variety of leisure activities, for example beer parties, discos, fellowships.
- Happiness today is understood as progress and success of one's religion, for example having ability to preach, pray and fasting.
- Happiness today is understood through acquisition of a high level of education, for example Diplomas and degrees.

WAYS IN WHICH PEOPLE HAVE CONTRIBUTED TO HAPPINESS TODAY

(i) MATERIAL (PHYSICAL HAPPINESS)

- People have been providing good quality education to help eliminate ignorance and illiteracy.
- People have helped through giving medical care through good hospitals and clinics available to improve their health and increase the life span.
- People have been provided with food through relief Aids especially areas affected by wars and natural disasters.
- People have been protected through respecting human dignity by campaigns for Human rights. For example Human Right Commission.
- People have been supported through providing money to support charity organization cater for the well fare of the people who are living in abject poverty. For example world vision taking care of the orphans.
- People have been helped through providing infrastructure such as improved road, recreation centers to help make relaxation and leisure enjoyment easy. For example Namboole stadium for game and sports.

(ii) SPIRITUAL / MATERIAL

- Appointing and ordaining of church leaders to help instill faith in believers through teaching Christian norms and principles
- Through showing commitment to God by organizing prayer meetings in form of conferences and seminars. Through preaching and practicing love among fellow Christians as required by the gospel of Jesus Christ
- Through sharing one's gift with one another build the body of Christ, for example speaking in tongues
- Through respecting ones neighbours by preserving the neighbours property and life.
- Through ensuring that justice prevails in our service, for example establishing courts of law in different parts of the country.
- Organizing praise and worship rally to call people to Christ. This can be done through crusades or music concerts.
- Through guiding and counseling of the church members to live a morally upright life. This can be done by the elders of the church.

CAUSES OF UNHAPPINESS TODAY

- Unhappiness today is caused by frustration at work places due to over working and poor pay.
- Unhappiness today is caused by loss of dear ones, for example death of a mother, father, and a child.
- Unhappiness today is caused by failures in many things, for example failing exams, interviews.
- Unhappiness today is caused by political instabilities leading to destruction of poverty and killings of innocent people. For example the LRA rebel activities that disorganized northern Uganda for over 20 years
- Unhappiness today is caused by business losses which render one jobless due loss of capital.
- Unhappiness today is caused by injustices, for example oppression, rape, commercialized justice.
- Unhappiness today is caused by having poor health as a result of diseases, for example AIDS, Asthma.
- Unhappiness today is caused by quarrels and witch tendencies leading to financial hardship.
- Unhappiness today is caused by oppression of wives by husbands making her sad and miserable.
- Unhappiness today is caused by forced sex, for rape, defilement, molesting done by wrong people.
- Unhappiness today is caused by divisions, for example division in the church caused by the struggle for money, division within a political party caused by struggle for leadership.

- Unhappiness today is caused by living under a dictatorial leader or government, for example a lot of people suffered under the regime of the former presidents Amin Dada and Muamar Gaddafi.
- Unhappiness today is caused by greed and selfishness among some people leading to military coups. For example the 1985/ 1986 coups that overthrew a democratically elected government of Apollo Milton Obote.

THINGS THAT BRING UNHAPPINESS TO THE YOUTHS/STUDENTS TODAY.

- Failure to be given chance to enjoy disco dance at school cause unhappiness to the youths because they are being denied opportunity to dance with one another and make fun.
- Sexual harassment by elderly people such as father, brother or close people around them causes unhappiness.
- Conflicting interest between teachers and the students may lead to unhappiness especially when there is hatred between the teacher and the student.
- Failure to pass exams also cause unhappiness to the youths, for example Primary Leaving Examinations, Uganda Certificate of Education, Uganda Advanced Certificate of Education.
- Poor school programs may cause unhappiness to the students because they are given little time for relaxation.
- Corporal punishment cause a lot of unhappiness to the students at school, for example uprooting tree stumps, digging the whole day. Death of parents which leads to dropping out of school because of lack of school of fees hence unhappiness.
- Family wrangles due to domestic violence also cause unhappiness to the youths because of lack peace.
- Long sicknesses that a person suffers from cause a lot of misery to them, for example sickle cells, HIV/AIDS which are life time illnesses.
- Poverty due to backgrounds causes unhappiness to the youths because they are unable to meet their daily needs such as clothing, medical care, shelter among others.
- Rejection due to disagreements or parental negligence cause unhappiness to the youths. For example being rejected by a boyfriend./Girlfriend leaves a person lonely and miserable and full of regrets.

WAYS IN WHICH THE STATE IS HELPING PEOPLE TO ACHIEVE HAPPINESS.

- The state is helping the people to achieve happiness through strengthening security in the country. For example eradication of LRA rebels in Northern Uganda.
- The state is helping the people to achieve happiness through providing free education services, for example Universal Primary Education, Universal Secondary Education.
- The state is helping the people to achieve happiness through promoting their rights, for example supporting organizations like FIDA, Uganda Human Commission that work towards strengthening human rights.
- The state is helping the people to achieve happiness through encouraging development of talents in games and sports for both men and women.

- The state is helping the people to achieve happiness through exposing wrong doers and punishing them for example through fines or imprisonment.
- The state is helping the people to achieve happiness through catering for the disabled like the lame, the blind through games and sports.
- The state is helping the people to achieve happiness through sensitizing the nation about the quality of life through family planning, for example use of condoms and pills to control birth and save mothers.
- The state is helping the people to achieve happiness through provision of better communication services, for example Mobile phones, internet.
- The state is helping the people to achieve happiness through encouraging people to carry out agriculture so as to get enough food and surplus.
- The state is helping the people to achieve happiness through sensitizing the youths about health, for example Naguru teenage center.
- The state is helping the people to achieve happiness through fighting against the HIV/AIDS using programs like PIACY, TASO, SYFA, and CDC.
- The state is helping the people to achieve happiness through rural electrification programs hence developing rural areas through mechanization.

DIFFERENCES BETWEEN THE PRESENT IDEAS AND AFRICAN TRADITIONAL IDEAS ABOUT HAPPINESS

- Today individual wealth like goats, cows brings happiness to a person while communal wealth like land, wells, and grazing areas would bring happiness in African Traditional society.
- Fulfilling academic achievements by an individual brings happiness today while fulfilling customary rituals like circumcision brought happiness in African Traditional society.
- Having few children that one is able to manage brings happiness today while many children in African Traditional society would make one attain happiness.
- Having either sex of a child brings happiness today while sons brought happiness than daughters in African Traditional society.
- Good relationship with God brings happiness today while good relationship with ancestors brought happiness in African Traditional society.
- Having one wife is a source of happiness today while having many wives was a source of happiness in African Traditional society.
- Today happiness is attained through living in an urban community while in African Traditional society it was achieved through living in a communal rural homestead.
- Nuclear family is a source of happiness today while in an extended family brought happiness in African Traditional society.
- In African Traditional society loyalty to cultural leadership was a source of happiness unlike today where happiness is derived from one's own success.
- African Traditional society respect to rituals was a source of happiness while today it is based on western practices like the holy communion/breaking of bread/Eucharist.

HAPPINESS IN AFRICAN TRADITION SOCIETY

THE UNDERSTANDING OF A HAPPY FAMILY TRADITIONAL AFRICA

- Happiness in African Traditional society was understood through bearing of many children. These children would act as security at old age when parents were unable to support themselves.
- Happiness in African Traditional society was understood through loving and caring of one another in the community. These included the widows, orphans and the poor in general.
- Happiness in African Traditional society was understood through member's ability to get enough basic requirements such as food, shelter and clothes.
- Happiness in African Traditional society was understood through the children bearing morally upright.
- Happiness in African Traditional society was understood through honouring God and fulfilling his demands.
- Happiness in African Traditional society was understood through working communally for the good of all.
- Happiness in African Traditional society was understood through imparting non formal education to the children.
- Happiness in African Traditional society was understood through living a married life with mutual understanding between husband and wife.
- Happiness in African Traditional society was understood through having good relationship with the neighbours hence promoting the spirit of brotherhood.
- Happiness in African Traditional society was understood through offering prayers the ancestral spirits as required by tradition of that particular community.

OCCASSIONS OF HAPPY CELEBRATIONS IN AFRICAN TRADITION SOCIETY

- The occasion of initiation rites in some communities as a passage from one stage of life to another brought great happiness to the community at large for example the circumcision dances known as 'Embalu in Bugisu of Eastern Uganda was highly treasured.
- **A happy beer party;** this was organized after particular task or work which had been completed normally evening hours after work.
- **Traditional welcome of twins;** Here the sacrificed and feasted as the way of trying to cleanse the misfortunes especially in communities where they believed twins brought misfortunes to the society.
- **The enthronement of the King also brought happiness;** This was associated with the a lot of rituals and feasting as people welcomed their new leader or leaders happily.
- **The victory in wars also brought happiness.** This guaranteed security against loss of lives hence happiness to the community at large.
- A good harvest also brought happiness; they offered sacrifices as appreciation of God's blessing upon and in response to the people would happily celebrate God's blessings.

- **The traditional ceremony also brought happiness;** these were feasts bidding farewell to the bride at her parents.
- Lots of joy was expressed by both families at this particular event. The successful hunting where the wives received her husband with who has brought meat from the hunting grounds brought happiness to the family at large.
- The naming of the new born baby to welcome him or her as a new member to the society brought happiness as people joyfully gave different names to the child until the child accepted one particular name by sucking the mother's breast.
- There were occasions of house worming that brought happiness to the community; This was about entrance in a new house built an individual. He would invite the neighbours to celebrate together.
- The new moon appearance among the Khoi Khoi of South Africa also brought happiness to the people because it was believed that better things would come with the new moon.
- The last funeral rites of the departed ones were greatly cerebrated through beer parties and great feasting on meat as a community at large.

CAUSES OF UNHAPPINESS IN AFRICAN TRADITION.

- Unhappiness was caused by loss of dear ones such as husband, wife or child in the family. People would be so sad and mourn for such a person.
- The people would be unhappy if they were defeated in battles or if they were being taken as slaves to foreigners.
- The occurrence of natural calamities such as floods, earth quakes in a particular community would bring unhappiness because of destruction of life and loss of property.
- Unhappiness would also occur when the wife was always beaten in marriage and divorced by her husband.
- Unhappiness occurred when a person was abused as lame or lazy in the community. Such a person would live a miserable life full of worries and defeat.
- A person was unhappiness if he or she was wrongly/ false accused or betrayed by wrong people in the community for their own good or selfish gain.
- The bareness or childless women were unhappy because the society disregarded them as useless and good for nothing women. They were always mistreated by their husbands through beating and insults.
- Unhappiness was also caused by disturbances due to the practice of witch craft in some communities which would lead to destruction of property hence lack of basic needs.
- Unhappiness was also caused by rapids and counter raids from the cattle keeping areas due to the love for the animals hence making people to live in panic.
- Unhappiness was caused by attacks by wild animals especially those who lived in places near game parks with a variety of dangerous wild animals such as lions, leopards, elephants which are un friendly to man.

DIFFERENCES BETWEEN CHRISTAIN TEACHING AND AFRICAN TRADITIONAL ON HAPPINESS.

- IN Christian teaching, spiritual possessions are emphasized as the source of happiness while in African tradition materials wealth was emphasized as the main source of happiness.
- In Christian teaching, good relationship with God is emphasized as the source of happiness while in African Traditional good relation with ancestral spirits was encouraged as the source of happiness.
- In Christianity loving one's enemies is emphasized as the source of happiness while in African traditional revenge on the enemies through fighting and defeating them brought happiness.
- In Christianity all are equality before God brings happiness to all while in African tradition, one's status brought happiness. For example being risk, a king or chief would make an individual happy.
- In Christianity good news / gospel brings happiness to the members while in African tradition happiness was achieved through observing cultural values and norms such as food taboos.
- Hope in the resurrection brings happiness to Christianity while bearing children for continuity of life brought happiness in African traditional society.
- Christians consider self denial such as being a nun, a priest, as happiness while African tradition considers marriage with many wives and wealth as source of happiness.
- Making peace brings happiness to the Christians while victories in wars brought happiness to the Africans.
- Being in union with Christ the Holy Communion brings happiness to the Christians while taking part in beer parties brought happiness in African tradition.
- Monogamy brings happiness in Christianity while polygamy brought happiness in African tradition.

HAPPINESS IN THE CHURCH HISTORY.

WAYS IN WHICH CHRISTIANS IN THE CHURCH ACHIEVED HAPPINESS.

- The early achieved happiness baptizing new converts who had joined Christianity so as to receive the cleansing form sin and the power of the Holy Spirit which brings happiness.
- The early church achieved happiness through preaching the good news of Jesus to both believers and non-believers as they were commissioned by Jesus Christ himself.
- The early church achieved happiness through sharing of materials things, for example clothing, food with the poor.
- The early church achieved happiness through attending fellowships in homes where they shared testimonies.
- The early church achieved happiness through prayer and fasting regularly in order to commune with God.
- The early church achieved happiness through visiting friends and relatives so as to build good relationships.
- The early church achieved happiness through laying of hands on the sick to be healed and live happily.
- The early church achieved church happiness through casting out of demons from those bound by evil spirits.

- The early church achieved happiness through missionary journeys to different places, for example Apostle Paul went to Rome, Corinth, and Ephesus preaching the good news of the resurrected Christ.
- The early church achieved church happiness through writing letters to encourage other churches, for example Paul wrote to the Galatians to challenge their lack of faith.
- The early church achieved happiness founding of new churches in different places, for example in Ephesus, Thessalonians by Apostle Paul in a bid to expand the gospel.

WAYS IN WHICH THE EARLY MONKS OF EGYPT TRIED TO FIND HAPPINESS.

- The early church monks of Egypt tried to find happiness through living solitary lives in the desert so that the community would not contaminate them to sin or with sin.
- The early monks of Egypt tried to find happiness through observing and obeying the Ten Commandments and following its requirements.
- The early monks of Egypt tried to find happiness through caring for the strangers who were travelling in the desert especially the traders in the Sahara desert.
- The early monks of Egypt tried to find happiness through doing charity work, for example helping the poor and the orphans in the neighboring communities around them.
- The early monks of Egypt tried to find happiness through preaching the good news of Jesus as commanded by Jesus Christ that the gospel should be preached to the ends of the world.
- The early monks of Egypt tried to find happiness through worshipping one God faithfully.
- The early monks of Egypt tried to find happiness through dedicated prayer and fasting regularly so as to be cleansed of their sins.
- The early monks of Egypt tried to find happiness through attending fellowships in their homes and the community and shared testimonies of what God was doing in their lives.
- The early monks of Egypt tried to find happiness through keeping their vows of chastity, for example living a celibate life.
- The early monks of Egypt tried to find happiness through accepting to die poor without owning any materials possessions because they believed that material wealth would divert their attention from God.
- Sharing the Lord's Supper, that is breaking of bread and of wine to remember Jesus' death on the cross the cross and the blood that washed off their sins making them worth before God.

MOMENTS OF UNHAPPINESS IN CHURCH HISTORY.

- Jesus being presented as man born of Virgin Mary by the preachers made them unhappy because it brought great opposition from the non-believers that Jesus born of man could not be the savior.
- Jesus selected His apostles from the ordinary people who were despised and yet they never expected anything good from them hence unhappiness to the early believers, for example Peter who was once a fisher man, Mathew was a tax collector and hated by the people he had oppressed.

- Preaching the gospel to the Africans who were very hostile with bad terrain and rigid to their culture brought unhappiness to the early church. For example hostile Kabalega of Bunyoro, the hostile tribes such as the Nandi of Kenya, the Karamjongs of Uganda among others.
- The great sufferings in the course of their work brought unhappiness, for example being beaten, or tortured for being a believer trying to interfere with the people's culture.
- Lack of coordination during the course of their work due to remoteness of some places brought untold suffering such as lack of food, medical
- They had no time to be with their families since they would move to far distance places hence unhappiness.
- Some slaves who had become Christians still continued to live in pain under their masters hence unhappiness.
- There was competition for spiritual gifts among believers, for example those who spoke in tongues thought they were more spiritual than those who did not hence causing unhappiness to them.
- Christianity was looked as at a religion with many restrictions thereby restricting the followers from earthy pleasures hence unhappiness to those were used to earthy pleasures.
- Division in the Corinthian church basing on personalities such as Peter, Apollos, Paul and Jesus also brought unhappiness in the early church because the factions started hating each other.
- Africans who had become Christians found it hard to deal with some cultural practices that they were used to, for example female genital mutilation, Polygamy hence unhappiness to the early church fathers.
- Stiff resistance from the educated people who regarded Christianity as religion for the poor and less educated brought unhappiness to the church they were being discredited and mocked.

EXAMPLES OF PEOPLE WHO WERE HAPPY IN THE EARLY CHURCH DESPITE SUFFERING.

i. APOSTLE PAUL

- Paul the Apostle lived around AD 5 - Ad 67. He was always referred to as the "Apostle Paul" or "Saint Paul."
- He was also known as Saul of Tarsus, who at first persecuted the church until Jesus converted him.
- He is described in the New Testament as one of the most influential early Christian missionaries.
- He wrote many letters of the New Testament, for example Romans, 1&2 Corinthians, Galatians.
- He died a happy Christian because he served Christ up to death without regretting what he left behind.
- He was a celibate (never married) for the sake of spreading the good news of Christ.

ii. SIMON PETER.

- He was a fisherman before he became a follower of Jesus
- Later he became the leader of the twelve apostle
- He was a married apostle and had children
- He denied Jesus three times and later repented after realizing his mistakes.
- He was referred to as the rock by Jesus
- He happily preached the gospel and died in the ministry as a Martyr.

iii. BARNABAS Acts 11:22

- He was converted to Christianity by Apostle Paul
- He was a very eloquent speaker which brought happiness to Him.
- He had strong faith in God hence a happy man.
- He was a good man and full of the Holy Spirit.
- He encouraged believers to remain faithful to God.
- Despite torture, he faithfully, served the Lord happily.

iv. IGNATIUS OF ANTIOCH IN SYRIA.

- At first Ignatius was a slave. He was converted to Christianity and became very happy.
- He became a Bishop of Antioch. He killed by the Roman soldiers in 115AD.
- Even when he was dying, he was happy to die as a friend of Christ. He never regretted. He had full hope of happiness in heaven.
- He wrote letters to Christians encouraging them to remain Christian even in case of trouble.

HAPPINESS IN THE OLD TESTAMENT.

OCCASION OF HAPPINESS IN THE OLD TESTAMENT (AMONG THE ISRAELITES).

- Worshipping God on the Sabbath day brought happiness in the Old Testament because they had opportunity to interact with their creator God.
- During harvesting periods when they had had a great harvest, the Israelites would celebrate in great joy.
- Celebrating the Passover feasts, that is remembering their deliverance from Egypt brought great joy.
- Victory in wars, for example after defeating the Amalekites there was great happiness in the entire Israel.
- During marriage ceremonies they had moments of joy where they celebrated as a community. At the birth of a baby they would sing songs of joy in great celebration with happiness.
- Offering of sacrifices that were accepted by God brought great happiness to the people.
- During anointing of a new king, for example King Saul, David brought great happiness to the people.
- Receiving a miracle, for example healing and raising of the dead brought happiness to the people. For example when Elijah raised the widows' son from death.

- During dedication of the temple at Jerusalem where people celebrated with joy for many days brought joy.
- When they received manna, quails and water in the desert they were very happy. When the false prophets were destroyed, for example the Baal prophets destroyed by Elijah. Whenever God could answer their prayers they would be filled joy hence happiness.
- On the Day of Atonement when God could forgive their sins would cause great happiness to the people.
- When they received the Ten Commandments they were all filled with joy because they had a guiding constitution to help them have good governance.
- When they return from exile in Babylon to Jerusalem, they were filled with joy because they were at last set free from foreign rule and domination.

OCCASIONS OF UNHAPPINESS IN THE OLD TESTAMENT (AMONG THE ISRAELITES).

- When they had lost their dear ones, for example father, mother, the community would be full of sadness.
- When they were defeated in battles, for example when the philistines defeated them and took the Ark of the covenant, there was a loud cry of unhappiness in the entire nation.
- When there were injustices in the land such as cheating of the poor by the rich would make them unhappy.
- Failure to have good leaders to guide the people in the right way brought unhappiness, for example bad leaders like King Ahab who oppressed his subjects made his people unhappy.
- The acts of slavery where they were denied their rights to own property, brought unhappiness to the Israelites.
- Discrimination of courts of law where the poor were oppressed and exploited by the rich class made them sad.
- Unfair treatment of women in the community made them unhappy, for example over beating.
- When the presence of God had left the people of Israel because of their continued sin before God brought unhappiness in the community made them unhappy, for example over beating.
- When God's wrath had befallen them brought unhappiness. For example when God slain down 5000 people who had worshipped the golden bull image.

WAYS IN WHICH THE DISOBEDIENCE OF ADAM AND EVE BROUGHT UNHAPPINESS TO MANKIND.

- ✓ Man started to encounter suffering of all forms. For example natural disasters such as earth quakes, floods and diseases.
- ✓ Slavery came in as result of man's disobedience because man began mistreating each other.
- ✓ Death due to natural and unnatural factors such as floods and the discovery of technology.
- ✓ Sweating before getting what to eat through digging and working for long hours.

- ✓ Enmity between man and animals developed even up to date where they kill each other.
- ✓ Man's relationship with God was destroyed and man began to act irresponsibly.
- ✓ Women have continued to have labour pains which began to act irresponsibly.
- ✓ Man has remained a wanderer and unsatisfied with what God has given him or her hence keeping on searching for satisfied.
- ✓ Subordination of women to men since women is considered inferior to men in many ways. For example men are to lead women; major decisions can only be made by men.

LESSONS CHRISTIANS LEARN FROM THE OLD TESTAMENT TEACHING ON HAPPINESS.

- The Old Testament encouraged obedience to the Ten Commandments in order for one to attain happiness therefore Christians should obey the Ten Commandments in order to live a happy life.
- The Old Testament encouraged trust in God for a person to attain happiness therefore Christians should trust in God and have faith in Him in order to have a happy life.
- The Old Testament encouraged being patient and waiting upon God for a person to be happy therefore Christians should be patient and wait for God to act as he wishes in order for them to enjoy happiness.
- The Old Testament taught that happiness could not be got through seeking blessings from God therefore Christians should look for God's blessings in order to live a happy life.
- The Old Testament emphasized the change in a person's behavior in order for them to enjoy happiness. Christians should change their behavior and turn away from evil and do good and live a happy life.
- The Old Testament emphasized living a righteous life in order to be happy therefore Christians should be righteous since the Lord promised to save his righteous people hence attainment of happiness.
- The Old Testament encouraged acts of hospitality and care for the poor, needy, and widows in order for one to attain happiness therefore Christians should do charity work to the poor and the widows in order to be happy.
- Children were the source of happiness to families in the Old Testament therefore Christians should marry and produce children because they bring happiness to the family.
- The Old Testament encouraged forgiveness of one another therefore Christians should forgive their enemies and in order to live in harmony hence happiness. Happiness in the Old Testament was attained through prayers therefore Christians should pray to God because through prayers He is able to give us happiness which belongs to Him alone.

THE NEW TESTAMENT TEACHING ON HAPPINESS.

- The New Testament teaching on happiness is that Jesus is the source of peace. He came so that those who are troubled may have and abide in Him hence happiness.
- The New Testament teaching on happiness is that Jesus is a good shepherd who takes care of his sheep.
- The New Testament teaching on happiness is that Jesus loved for everyone, he died for all mankind.

- The New Testament teaching on happiness is that Jesus performed miracles which intended to bring happiness to the people, for example feeding the 500 people, raising the dead.
- The New Testament teaching on happiness is that happiness comes from knowing God.
- The New Testament teaching on happiness is that Jesus preached the Gospel for all to turn away from sin and save happiness.
- The New Testament teaching on happiness is that Jesus is the savior of all mankind.
- The New Testament teaching is that Jesus is the savior of all mankind.
- The New Testament teaching on happiness is that Jesus humbled himself that whosoever would emulate him would be happy.
- The New Testament teaching on happiness is that Jesus accepted baptism that whoever does so attains happiness.
- The New Testament teaching on happiness is that Jesus sent the Holy Spirit which is the source of happiness to Christians.

JESUS' FAMOUS TEACHING ON HAPPINESS (BEATITUDES) MATHEW 5:1-10).

- Beatitudes refers to Jesus' teaching on the mount about true happiness as recorded in the book of Mathew.
- To many people who were discouraged by their poverty, sickness, sorrow, widowhood and loneliness, Jesus taught them that full happiness does not exist here on earth but in God's heavenly Kingdom.
- In the beatitudes therefore, Jesus called for people's attention towards heavenly things. He stressed the values of God's kingdom as the major source of happiness.
- He said that happy are the poor in spirit, happy are those who mourn, happy are the weak and gentle, happy are the merciful, happy are those who fight for justice and peace.
- Happy are those who are persecuted because of doing the right things. Jesus said that the Kingdom of God belongs to them.
- To all such people Jesus promised full peace, mercy, kindness and happiness in God's Kingdom.
- To Jesus a happy life is a life free from problems.
- As long as one suffers for doing what is right God will reward him in heaven.
- Jesus said that earthly pleasures and wealth does not bring happiness. Those can easily consume one's attention away from God.
- Hence Jesus had pity on the rich because they are happy on earth but they are not likely to experience everlasting happiness in heaven.

WHY IT'S DIFFICULT FOR CHRISTIANS TO FIND HAPPINESS BY FOLLOWING BEATITUDES.

- Some Christians have little faith that they cannot bear the pain of suffering hence it is difficult to follow the teaching of Beatitudes.
- Some Christians doubt God and therefore find it very difficult to follow the beatitudes.
- To be humble requires a lot of obedience to the voice of God and yet many Christians find it difficult.

- Many Christians are too pre occupied by worldly activities that gives them no time follow the beatitudes.
- Many Christians find it hard to forgive their enemies hence revenge which is against the beatitude.
- Many Christians still have deceitful hearts therefore it is very difficult for them to follow the beatitude.
- Being patient to wait upon God is what makes difficult because many Christians are impatient.

